OUR LADY OF CONSOLATA
KISUBI HOSPITAL
Service with love

KHHC
KISUBI HOSPITAL HEART CENTRE

ISSUE 05 | 2025 EDITION

Bulletin



ALL YOU NEED TO KNOW ABOUT KISUBI HOSPITAL'S HEALTH SAVINGS ACCOUNT

Hospital bills should no longer hold you back. Kisubi Hospital's Health Savings Account has the answer - details inside.

MEET KISUBI HOSPITAL'S NEW CARITAS WARD

Kisubi Hospital's Caritas Ward has been transformed - state-of-the-art, homely, and world-class. Open the magazine to learn about the new care experience.

EXPLORE KISUBI HOSPITAL'S AI-POWERED MRI

East Africa's first of its kind in Healthcare

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Kisubi Hospital Online

EPIDURAL (PAINLESS LABOUR)

Yes, natural childbirth can be painless - Kisubi Hospital now offers advanced epidural services for a more comfortable delivery. Open the magazine to learn more.

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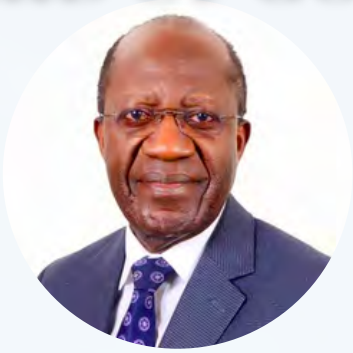
STATE-OF-THE-ART CATHLAB BRINGING TOMORROW'S MEDICINE TO TODAY'S PATIENTS

A CATHLAB WITHOUT LIMITS

- Coronary Angiogram (CAG)
- Percutaneous Coronary Intervention (PCI)
- Pacemaker Insertions
- Stenting
- Angioplasty
- Thrombectomy
- Valvuloplasty
- Percutaneous Nephrostomy (PCN)
- Cholangiography
- Liver Cyst Drainage
- Renal Cyst Drainage
- Pancreatic Cyst Drainage
- Fallopian Tube Recanalisation
- Chemoport insertions

..... and many more possibilities

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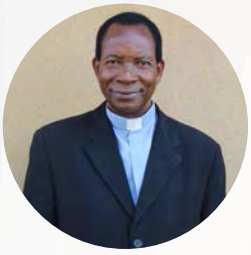
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The Management Team



Dr. Asaba Robert
Medical Director



Sr. Cecilia Najjingo
Administrative Director



Sr. Elizabeth Nakyeyune
Nursing Director

EDITOR'S NOTE



Ruth Namutebi

I begin by appreciating my team in the Public Relations Office which has been working so hard towards the accomplishment of the targets outlined in the work plan. It has been so tough a ride but we managed to pull it off.

As I write now, I believe that we are being felt in the community where we have been visiting various groups of people including the Salon owners, Landlords, Boda Bodas, Airport Taxi Drivers, Sacco Groups and many more. As a Hospital, we have been trying to stay on ground to ensure that those around us understand the services we offer.

In the bid to promote the hospital services, our teams have been to various churches and schools offering Wellness services and first aid ambulance support which have been of great help to those gathered for the Charity run and other activities.

We recently decided to go regional to extend awareness of Heart services to those in need. We first had a Heart Camp at Nkokonjeru Hospital in Mukono which attracted people who walked miles. Then again we were invited to the AMDA Caravan Medical Camp hosted by Mary Hill High School in Mbarara where our Cardiac Team worked on a good number of cardiac patients. The Hospital offered a wide range of services including Cardiologist Consultation, General Doctor Consultations, ECG & Echo services, Blood Sugar, Blood Pressure etc.To us this was a very clear achievement because we trekked miles and managed to give back to the community which was beyond our catchment area.

The Team has also engaged students in schools by offering educational talks and carried out pre-school checks to ensure the well-being of the students. In addition, we organized for our medical team to appear on Radio and TV stations to reach out to the public and create awareness about our services.

When the hospital opened the Special Clinics Floor, this increased the number of patients as more clinics were formed and attracted numbers. Together with the new Caritas Ward, we are having more clientele which requires the department to ensure quality service. We have been working tirelessly to produce the best customer care experience for all those private patients. When we introduced the new MRI equipment, we even visited various major hospitals in the area creating awareness and training them about the services our AI MRI offers.

As part of our work, we also conduct CSR and this time round we offered donations supported by the Pastoral Care Team who visited orphanages and mothers with special needs children. This was very interesting as we touched many innocent souls.

As PR we also organized an ECG Training for our new Nurses, Doctors and Interns facilitated by the Heart Centre Team and in addition we carried out Customer Care Training for the different groups including Cashiers, Front Desk Administrators etc this we do periodically to enable them learn new technics and ideas to apply in their daily duties.

Recently, we hosted the Collaborative Forum Meeting where we met clinicians from various medical facilities to discuss issues pertaining their work and partnership with us.

Once again, I recognize the efforts of the Customer Care Officer, Private Patient Supervisor, Business Development Officer and Out Patient Supervisor together with the Front Desk Team who work day and night to ensure that patients receive the best care.
Looking forward to each one of us to enjoy the magazine.

A Word From the

CHAIRMAN BOARD OF GOVERNORS



Dr. Kasirye Edward
Chairman, Board of Governors

As we end 2025, we thank the Lord for his kindness in guiding us through various challenges at our Lady of Consolata - Kisubi Hospital. The Hallmark of our progress relies on our Infrastructure, Human resources, and Financial Sustainability, and of course, pleasing and curing our patients.

The Board and Management have continued to improve infrastructure, as evidenced by the completion of phase two of the Administration block and the refurbished Caritas building, now turned into a new ward. The hospital continues to acquire modern equipment, like the newly installed modern MRI machine, and to strengthen the already existing services in the Outpatient, Cardiology Department, and Maternity services.

We boast of having highly qualified specialists in various fields and for the last 3years, the hospital has been accredited by the Ministry of Health as a center for training of newly qualified Intern doctors and other health workers.

All these achievements give us a cutting edge to ensure Good Medical Practice and the ability to contribute positively to health care delivery in the region.

We are set to put more focus on our patients to give them a memorable customer experience as they enter and leave our premises. A Consolata fund is now in place to help those needy patients who may not be able to afford our services, thus following our mission of “A Centre of Excellence in providing sustainable, affordable and high quality specialized healthcare services in Uganda”

A Word From the

MEDICAL DIRECTOR / CEO

As a faith-based institution, we hold ourselves to a higher standard—not only in clinical outcomes, but in the way we welcome, listen, and walk alongside every patient.



Dr. Asaba Robert
Medical Director/CEO
asabdoc@gmail.com

It is with deep gratitude and renewed purpose that I welcome you to this edition of the Kisubi Hospital Bulletin.

As we reflect on the past year, I'm proud to share Kisubi Hospital's continued growth in service delivery, infrastructure, and community trust. From expanded emergency care, to rising Outpatient, Inpatient and Maternal health utilization, our progress speaks to the dedication of our staff and the confidence of our patients.

We remain committed to delivering Uganda's national healthcare package while advancing specialized services in cardiology, neurosurgery, dermatology, and critical care. These are not just clinical goals—they are promises to our community.

As a faith-based institution, we hold ourselves to a higher standard—not only in clinical outcomes, but in the way we welcome, listen, and walk alongside every patient. I am proud of our team's resilience, professionalism, and unwavering dedication to quality improvement

To our partners and stakeholders, thank you for walking this journey with us. Together, we are building a legacy of healing.

A Word From the
ADMINISTRATIVE DIRECTOR



Sr. Cecilia Najjingo
Administrative Director
cnajjingo@gmail.com

I am delighted to welcome you to this edition of our Magazine, a publication created to keep you informed, inspired, and connected to the ongoing work happening within our Hospital walls and beyond.

Each issue brings you stories of healing and dedication, showcasing the people, progress, and passion that define who we are.
Whether you are a patient, family member, health professional, or community partner, we are honored to have you as part of our Lady of Consolata Kisubi Hospital family.

I thank our dedicated Board of Governors members, Management team, and entire Staff members for your unwavering commitment, which inspires us every day. Your passion, compassion, and hard work are the foundation of all we do. A sincere thank you goes to our patients/clients and their families who have entrusted us with their health care.

At Our Lady of Consolata Kisubi Hospital, health care is more than just treatment. It is a commitment to every life we touch. For decades, we stood as a pillar of trust, healing, and innovation in our community, offering world-class medical services with a personal touch.

In addition to our Magazine, we are proud to share the stories, milestones, and advancements that define our journey.

From groundbreaking medical procedures and cutting-edge technology to community outreaches and patient success stories, every page reflects our Mission to heal and to serve with love.

As a Centre of excellence, we continue to attract top-tier medical professionals and invest in state-of-the-art facilities, ensuring that every patient receives the highest standard of health care. But beyond the walls and equipment, it is our people- the Board of Governors, Management team, Doctors, Nurses, Midwives, Technicians, and support staff who truly make the difference.

Whether you are a patient, Caretaker, our staff, stakeholders, or supporter of our Mission, this Magazine is for you. It is a celebration of lives changed and a glimpse into the future we are building.

Looking ahead, we remain committed to advancing healthcare excellence, embracing innovation, and caring for every individual who walks through our doors. Together, we are not just building a Hospital but building a healthier future for all. Enjoy the read.

A Word From the

NURSING DIRECTOR



Sr. Elizabeth Mary Nakyeyune
Nursing Director
elizabethnakyeyune152@gmail.com

As the Nursing Director, I am privileged to lead a team of exceptional professionals who dedicate their lives to the service of others. Every day, our nurses demonstrate unparalleled skill, compassion, and commitment, and it is through their unwavering dedication that we are able to provide the highest standard of care to the individuals and families who rely on us.

Nurses are the heart of healthcare, and in this ever-changing and often challenging field, their role continues to evolve. Whether it's providing direct patient care, advocating for the well-being of our community, or contributing to vital research, the work of our nursing team is multifaceted and critical. They stand at the forefront, offering a calming presence to those in distress and making life-altering decisions in moments of crisis. The importance of their work cannot be overstated.

Over the past year, our healthcare system has faced tremendous pressures, but I am incredibly proud of how our nursing team has stepped up. From adapting to new technologies and care delivery models to responding to public health emergencies with resilience and grace, our nurses have proven time and again that they are not only caregivers but also leaders, educators, and innovators.

Our team is constantly striving to improve, both in the quality of care we provide and in the ways we support our nursing staff. Through continued professional development opportunities, robust mentorship programs, and an unwavering commitment to patient safety, we are building a stronger, more dynamic healthcare environment for both staff and patients.

By focusing on evidence-based practices and fostering a culture of collaboration, we ensure that every patient receives the compassionate, comprehensive care they deserve.

It is also essential to recognize the role of our community in supporting the nursing profession. The appreciation and respect we receive from those we care for make a significant difference in our work, reminding us that we are not just healthcare providers, but trusted partners in the health and well-being of our neighbors. As we move forward, we remain committed to fostering these relationships and ensuring that all members of our community have access to the care they need, such as heart center services, among others.

I would like to extend my deepest thanks to all the nurses who work tirelessly, day in and day out, and to the families and communities who support us. Together, we will continue to advance the standards of healthcare, face challenges head-on, and make a lasting difference in the lives of those we serve.
Thank you for your trust, support, and commitment to a healthier tomorrow.

A Word From the CHAPLAIN



Fr. Denis Mugerwa Wanimba
Hospital Chaplain

The Lord has given us another year here at Kisubi Hospital as a family. We are grateful to him for this greatly and rapidly growing place of hospitality for our patients. We applaud the entire administration and staff of Kisubi Hospital for the diligent and enormous work they do in their various departments. Kisubi Hospital is nationally recognised for its authentic and expert services offered to the citizens of this country. I will attribute the spirit of care, love, and hospitality to our patron, Our Lady of Consolata, the Blessed Virgin Mary, our mother. She prays for her children for the acquisition of those virtues that our patients always thank them for. Recognition also goes to the chaplaincy pastoral team that has done much in the aspect of the spiritual awareness and nourishment towards Kisubi hospital staff, the non-staff, and our patients by taking Christ to people and bringing people to Christ. “Come to me, all you who labor and are heavy laden and overburdened, and l will give you rest." (MT 11:28). Kisubi Hospital has given many both spiritual and physical solace.

God has used many of our young and old men and women in various departments responsibly, and I believe that those who come to this hospital experience that. We continue to thank God for the new facilities and structures that have cropped up, making Kisubi Hospital look new again. Using the Board, Management, and the other Team players they work with.

Our prayer to God is to work on his house, our Chapel, of which we anticipate a new one in the near future that will accommodate us comfortably because the number of believers is big, including the staff, patients, and their caretakers.

I continue urging us all to work with love and always wear a smile on our faces as a sign of hospitality to whoever comes, as that can turn into a source of blessings. (Genesis 18:2-10).

I implore God to continue using us as we see Kisubi Hospital growing to greater heights.



HOSPITAL OVERVIEW

By: Dr. Asaba Robert
Medical Director / CEO

Department	Services
In-patient department	·Maternity Ward (Obstetrics and Gynaecology) ·General /adults' ward (Internal medicine and Surgery) ·Heart centre (Cardiac ward and Coronary care unit ·Intensive care Unit ·Caritas ward (or Medical/Surgical ward) ·Children's ward with Neonatal care unit ·Operation Theatre and surgical services
Out Patient Department (OPD)	Accident and emergency unit General OPD clinic (adults & children >12 years of age) Children's clinic (0-5years) Antenatal and Postnatal clinic Natural Family Planning Clinic Dental services ·Immunization clinic ·HIV/AIDS clinic
Specialist Clinics	·Orthopaedic and physiotherapy clinic ·Gynaecology clinic ·Infertility clinic ·Skin Clinic ·ENT clinic ·Urology clinic ·Surgical Outpatient clinic ·Wound clinic ·HT/DM clinic ·Eye clinic ·Mental health clinic ·Cardiac clinic Wellness/Endocrine clinic
Community Health	·Community mobilization for health. ·EPI outreaches. ·School health outreaches. ·Clinical Pastoral care HIV/AIDS program (HCT outreaches, EMTCT, Safe male circumcision etc).
Medical Diagnostics	·Laboratory services ·Digital X-ray (Plain x-ray & Barium studies) ·Ultra sound scan services ·CT-Scan services ·MRI scan ·Endoscopy services ·ECG and Echocardiography ·Cardiac Catheterization Unit

New clinics in neurosurgery, nephrology, and vascular medicine are launching this year.

Founded in 1905 by European Missionary Sisters to combat sleeping sickness, Kisubi Hospital has grown into a 120-bed general hospital serving the Entebbe–Kisubi–Wakiso corridor. Owned by the Archdiocese of Kampala, we remain rooted in faith while advancing modern medicine.

What We Offer: Comprehensive Patient-Centered Services

Our Vision

A center of excellence in providing sustainable, affordable, and high-quality specialized health care services in Uganda.

Our Mission

With Christ, we provide equitable and sustainable health care services.

Hospital Performance Overview (FY 2024/25)

Nestled along the Entebbe–Kisubi–Wakiso corridor, Kisubi Hospital continues to rise as a beacon of specialized care and compassionate service. In FY 2024/25, the hospital recorded significant growth across outpatient, inpatient, maternal, and immunization services—underscoring its role as a trusted referral center and faith-driven institution.

Outpatient services: Expanding Access, Deepening Trust

The hospital's Outpatient Department (OPD) saw a remarkable 10% increase in attendance, thanks to the expansion of its Accident & Emergency Unit and the launch of specialist clinics in ENT, orthopaedics, dermatology, and cardiology. The addition of CT, MRI scan, and other diagnostics further boosted patient confidence and access.



Dr. Asaba Robert
Medical Director / CEO

Graph 1: Trend of OPD attendance and total immunization doses over the last 5 years.



	2020- 21	2021- 22	2022- 23	2023- 24	2024-25
OPD Utilization	56,147	58,654	60,210	69,895	77,017
Immunization Doses	59,061	59,811	58,362	55,957	58,679

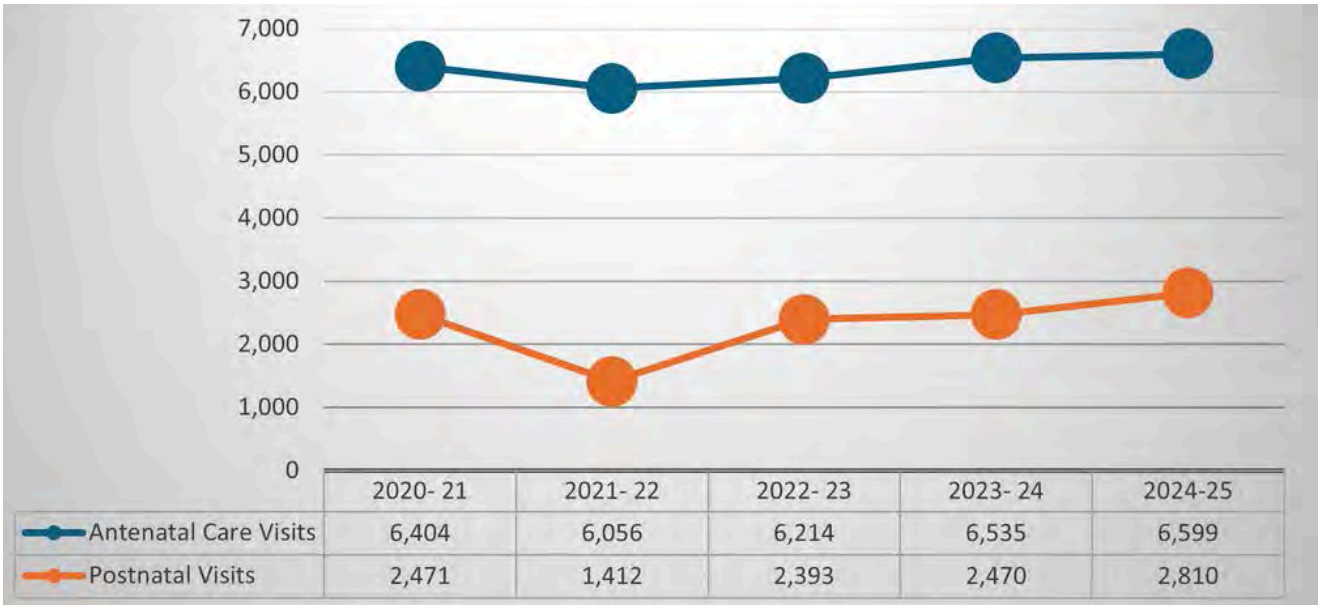
Immunization utilization increased by 5%, supported by: Consistent weekday service (Monday–Friday) and maintenance of 10 outreach sites across the catchment area. This steady growth reflects strong community trust and operational consistency.

Maternal health services: Where Care Meets Compassion

Kisubi Hospital's maternity department—equipped with neonatal care and private wings—continues to deliver both comfort and clinical excellence. Antenatal visits rose by 1%, while postnatal care and deliveries increased by 14% and 4.3% respectively.

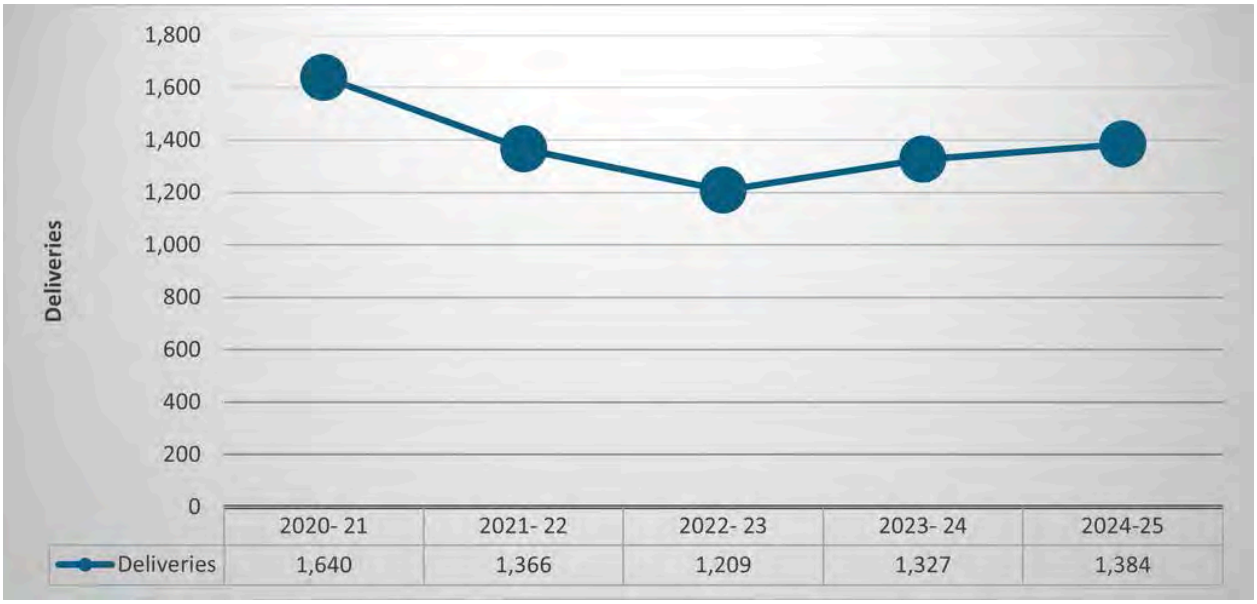
Key drivers included: A subsidized ANC package (UGX 160,000) for comprehensive care, monthly outreach integration with immunization services and weekend obstetrician coverage for working mothers.

Graph 2: Trend of Antenatal and Postnatal attendance over the last 5 years.



	2020- 21	2021- 22	2022- 23	2023- 24	2024-25
Antenatal Care Visits	6,404	6,056	6,214	6,535	6,599
Postnatal Visits	2,471	1,412	2,393	2,470	2,810

Graph 3: Trend of Hospital deliveries over the last 5 years

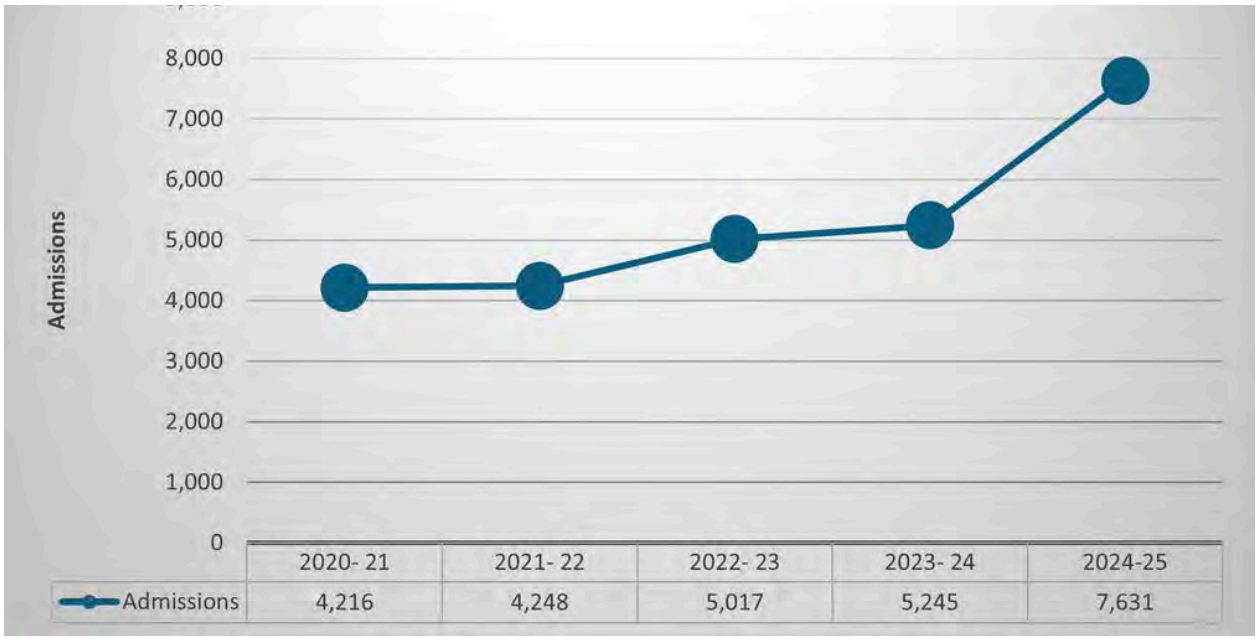


Inpatient Services: Rising Demand, Enhanced Capacity

Inpatient services are provided on the following wards: Maternity ward, Pediatric/children's ward, Caritas ward, Intensive care unit, Cardiac wards and Coronary care unit. All these wards have both general and private wings/rooms.

Admissions surged by 45%, driven by: Expansion of emergency care in OPD and CHW, Day-case management model, Introduction of CT/MRI and other diagnostics and cardiology services

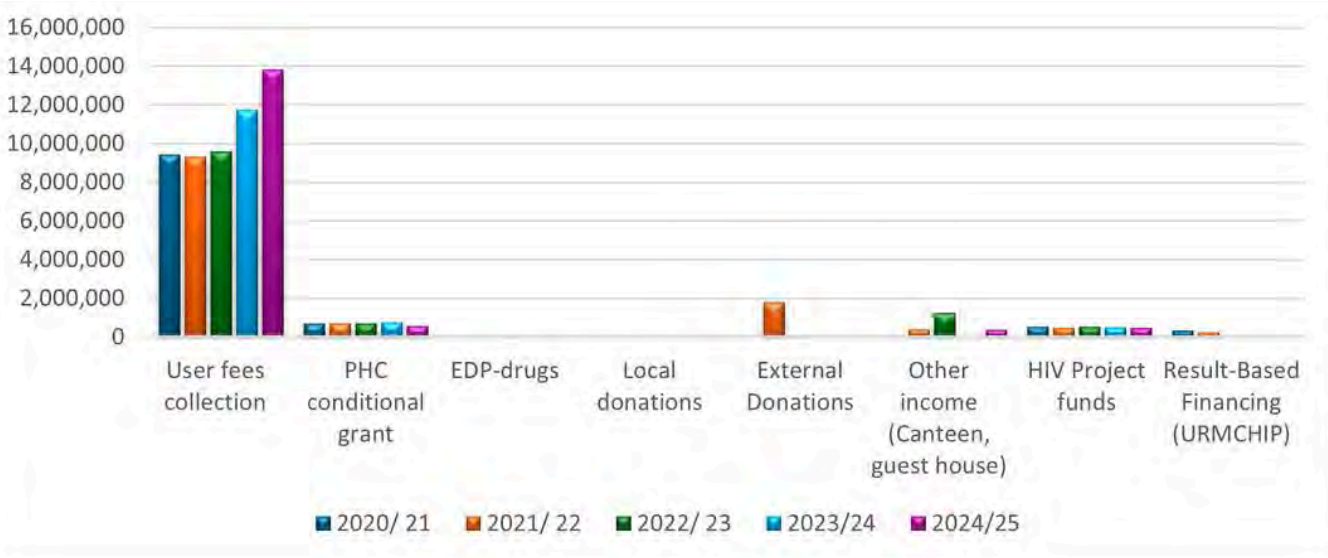
Graph 4: Inpatient Admissions Over Time



Hospital Financing

The current financing of the hospital operations is based on both external grants and internally generated funds. Fees charged for services constitute the main source of revenue, accounting for 91% of the hospital's income in 2024-25. External grants and other sources accounted for 9%. These include Primary Health Care grants from the Government of Uganda, the HIV project, and local donations. Graph 5 below illustrates the financing trends over the last 5 years.

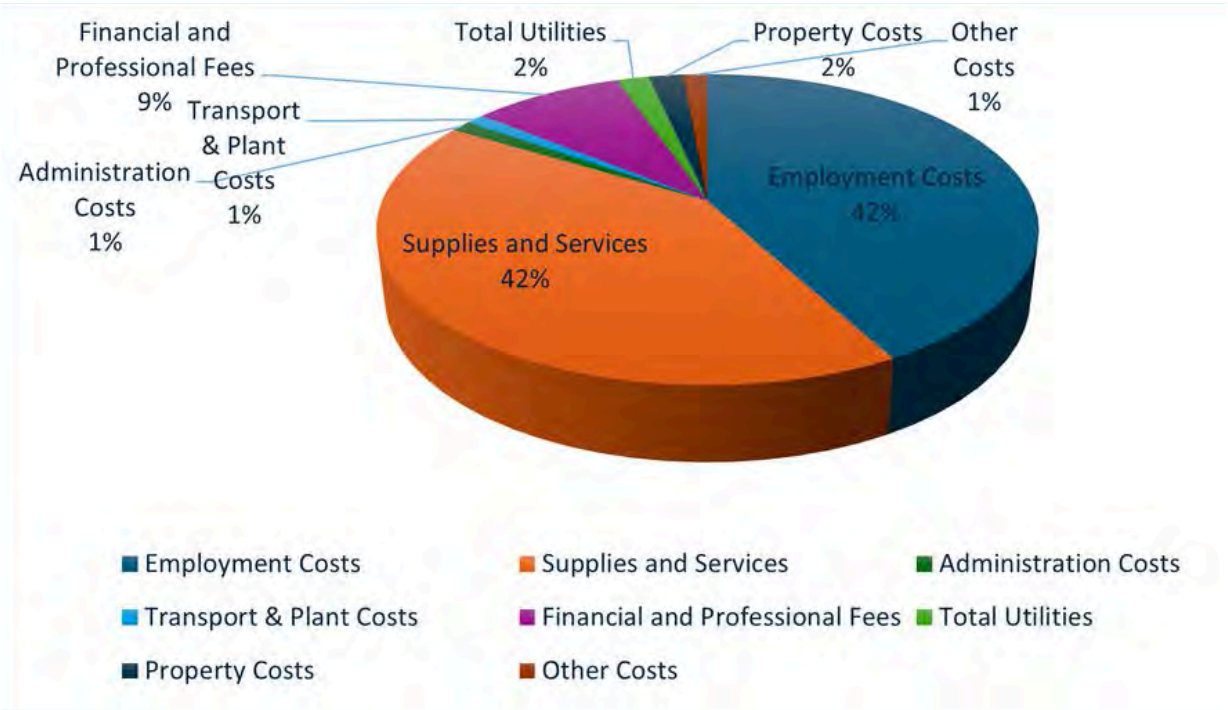
Graph 5: Trend of Hospital income over the last five years



There was a significant increase in income from user fees over the years, and by 18% in 2024/ 25FY compared to the previous year. This can be attributed to the improvement in utilization of the Hospital. PHC conditional grants declined significantly by 26% in 2024/25FY compared to the previous year. External donations of funds, goods, and services peaked in 2021/22 but have been unreliable in other years, making them an inconsistent source of income.

Hospital Expenditure: Top expenditure drivers included employment costs and medical supplies. With anticipated government salary increases for civil service health workers, staffing costs are expected to rise further.

Graph 6: Recurrent expenditure breakdown



Kisubi Hospital: Investing in Healing

Over the past few years, Kisubi Hospital has undergone a quiet transformation—one brick, one ward, one heartbeat at a time. Strategic investments in infrastructure and services have elevated not only the quality of care but also the dignity, comfort, and experience of every patient who walks through its gates.

This investment has been spent on;

- Refurbishing the facilities – Operation theatre, maternity ward, and General ward
- Construction and equipping of the new OPD - Accident and emergency department,
- Developing a Cardiology unit (Kisubi Hospital Heart Center)
- Purchasing the latest equipment, including a CT scan, an MRI scan, etc.



The Completed OPD Block Phase II



The Newly acquired MRI Machine

Strategic Vision: Year 5 and Beyond

Kisubi Hospital is now implementing Year 5 of its Strategic Plan (2021/22–2025/26), aligned with Uganda's Ministry of Health goals to foster a productive population through accessible, high-quality healthcare.

As a general hospital, Kisubi continues to deliver the full national minimum healthcare package. But it's also reaching higher - positioning itself as a center of excellence in specialized care. Kisubi Hospital is deepening specialization in cardiology, while expanding into neurosurgery, dermatology, Urology, gastroenterology, nephrology, and critical care, among others.

What's Next: Infrastructure Projects This FY

To further enhance service quality and patient experience, Kisubi Hospital will undertake four major developments in FY 2025/26:

1. Construction of OPD Block Phase III
2. Renovation of KHHC Building
3. Expansion of the Intensive Care Unit (ICU)
4. Renovation of the Children's Ward

These projects will reinforce the hospital's commitment to cleanliness, comfort, and clinical excellence.

A Faith-Driven Mission

As a faith-based institution, Kisubi Hospital holds a deep sense of pride and responsibility toward those who entrust their lives to its care. The mission is clear: to deliver exceptional care that exceeds national standards in quality, safety, and patient satisfaction.

Special thanks to our partners:

Our deepest gratitude goes to all the stakeholders and partners who have contributed immensely to the development of Kisubi Hospital, most especially, Kampala Archdiocese, Italian Episcopal conference, Government of Uganda, Wakiso LG, Centenary Bank, Joint Medical Stores, Pacific Diagnostics LTD, Surgimed U LTD, etc.

"Every partner, every donor, every prayer has helped build this legacy of healing."

BUSINESS DEVELOPMENT OFFICE

A YEAR OF UNSTOPPABLE GROWTH



By Prosper Lumu - Business Development Officer

As a reader of this magazine, when you think of healthcare that truly goes beyond walls, think of Kisubi Hospital. The journey from July 2024 to the close of 2025 has been nothing short of remarkable—a season defined by compassion, innovation, and bold strategic growth. Kisubi Hospital has not only continued to serve as a beacon of quality healthcare but has also extended its healing mission to the most underserved communities across Uganda.

Touching Hearts Across Uganda

Kisubi Hospital's commitment to reaching every corner of Uganda has been vividly demonstrated through a series of mega community medical camps. The **Lutaba Mega Camp** was a monumental success — a day when hundreds of people from Lutaba and surrounding communities received **100% free medical care** from Kisubi Hospital's dedicated team.

But that was only the beginning. In Nkokonjeru, our cardiac specialists extended **100% free heart services**, bringing advanced care and diagnostics to people who had never imagined accessing such specialized services. The same compassion was mirrored at Lubaga Hospital, during the **Archbishop Cyprian Kizito Lwanga Memorial Medical Camp**, where Kisubi Hospital once again offered **free heart services** to hundreds, turning the event into a living tribute of love and service.

Not stopping there, the hospital also extended its reach to **Mbarara**, through the **AMDA Medical Camp**, offering the same high-quality **free heart services** — reinforcing our mission to make **cardiac care accessible and affordable to all**. These camps symbolize a clear message: **Kisubi Hospital is not confined by geography. It moves wherever people need healing.**

BUSINESS DEVELOPMENT OFFICE

Prepared for Every Challenge

Excellence at Kisubi Hospital is not only measured in compassion but also in readiness. The hospital's participation and **outstanding performance during the Civil Aviation Authority Emergency Drill** demonstrated its preparedness to handle national emergencies with precision and professionalism. Kisubi Hospital stood tall among the best, reaffirming its reputation as a facility capable of responding to crises at national level standards.

Strategic Partnerships and Growing Trust

Our capabilities in cardiac care have earned the trust of Uganda's most reputable medical bodies. **The Uganda Heart Association** and **Uganda Heart Institute** have recognized and strengthened their partnership with Kisubi Hospital — a strong endorsement of the hospital's commitment to medical excellence. These relationships go beyond recognition; they represent a strategic alignment in advancing Uganda's cardiovascular health landscape.



Our team in Action during the Civil Aviation Authority Emergency Drill where Kisubi Hospital performed exceptionally well



"We don't just treat patients — we turn compassion into progress and impact into excellence."

Innovation that connects patients

In this digital era, Kisubi Hospital has taken a bold step forward in **patient convenience and accessibility.** Through our newly upgraded **website with a Live Chat option,** patients and visitors can now make real-time inquiries and receive instant support from our operators. This innovation bridges the gap between patients and medical services, ensuring that care begins long before a hospital visit. It's convenience redefined — the Kisubi way.



Our team in Action during one of the Health Education talks

Taking Health Education to Schools

Kisubi Hospital understands that healthy futures are built on knowledge. Through our **Health Talks, Counselling, and Guidance programs,** our teams have reached numerous schools, offering free sessions that empower students to make informed health choices. These programs are a testament to our holistic view of healthcare — one that heals the body, enlightens the mind, and uplifts the spirit.

Community Integration and Stakeholder Relations

Our growth story would be incomplete without the people around us. Kisubi Hospital has continuously nurtured strong ties with **Bodaboda associations, nearby medical facilities, and various societal groups** — all vital partners in our shared ecosystem of care. These relationships strengthen our outreach, ensuring that Kisubi Hospital remains not just a healthcare provider, but a trusted community partner.

Infrastructure That Empowers Access

In a major milestone, Kisubi Hospital has been instrumental in the **ongoing tarmacking of Kisubi Hill Road.** Together with heads of other local institutions, the hospital spearheaded engagements with authorities to push for the long-awaited improvement of this critical access route. This achievement is more than just a road project — it's a **win for patients,** improving accessibility and symbolizing progress that literally paves the way to better healthcare.

Advancing with Technology: The AI-Powered MRI

A true symbol of Kisubi Hospital's forward-thinking strategy is the acquisition of **East Africa's newest AI-Powered MRI.** This cutting-edge technology represents a massive leap in diagnostic precision and efficiency. It is proof that Kisubi Hospital is not just keeping up with global medical standards but setting them. With this innovation, patients receive faster, more accurate diagnoses, leading to improved outcomes and overall quality of care.



The Newly acquired MRI, one of Africa's newest versions globally

Media Presence and Public Awareness

Kisubi Hospital's visibility has also soared through **radio programs, television features, and public dialogues** — platforms through which we continue to educate the nation about health, wellness, and the availability of our world-class services. Each appearance reinforces our vision to be **a hospital that listens, educates, and transforms.**

Ours is a Strategic Journey with a Human Heart

Behind every outreach, partnership, and innovation lies a well-defined strategic direction — one that balances business growth with social impact. Kisubi Hospital's business development strategy centers on sustainability through service. Every investment in technology, every partnership, and every community initiative strengthens our foundation as a **center of medical excellence and compassionate care.**

As we close 2025, one truth stands firm: **Kisubi Hospital is not just growing — it is transforming healthcare in Uganda.**

It is a hospital with a heart that beats for the people, a mind that plans strategically, and hands that work tirelessly to heal.

From Lutaba to Mbarara, from classrooms to cardiac theatres — Kisubi Hospital continues to prove that **when compassion meets strategy, the impact is unstoppable**.

FROM DUST TO DIGNITY

For years, the climb up Kisubi Hill told a story of dust, potholes, and patience - until Kisubi Hospital decided to rewrite it. This is the inspiring journey of how a hospital, known for healing within its walls, stepped out to heal its community - rallying institutions, engaging government, and turning long-held frustration into tangible progress. It's a story of vision, unity, and leadership in motion - and the road, quite literally, is proof.

Here is our story.....



OUR LADY OF CONSOLATA
KISUBI HOSPITAL
Service with love

Kisubi Hospital Leads the Road Campaign to bring Tarmack on Kisubi Hill



The poor condition of the road leading to Kisubi Hill

For years, the road up Kisubi Hill stood as both a symbol of promise and a challenge. For years, it has been dusty, uneven, and, during the rainy seasons, almost impassable. Yet this is a vital road that serves some of Uganda's most respected institutions - including Kisubi Hospital, the Roman Catholic Parish of Kisubi, Pre and Primary Schools, Secondary Schools, Universities, Tertiary schools, Residences of the Clergy, Homes of masses, businesses and more. Yet, despite its importance, the road remained rough and untarmacked, a constant source of difficulty for residents, students, patients, and emergency responders.

It was Kisubi Hospital that decided enough was enough.

Guided by its mission to promote health and community well-being beyond hospital walls, the hospital's management took the bold step to initiate a collaborative campaign to have the road tarmacked. They knew that a better road meant more than just smoother rides - it meant safer, faster access to medical services, dignity for the community, and a stronger Kisubi Hill for all.

The mobilization started.....

Recognizing that the road served not one but many institutions, Kisubi Hospital reached out to fellow leaders across Kisubi Hill - heads of schools, universities, religious institutions, and other establishments. In a rare show of unity, the community came together under a shared goal: to turn years of frustration into a success story.



Kisubi Hill stakeholders in a meeting at Kisubi Hospital discussing the road

After weeks of consultation and planning, the stakeholders agreed to formally appeal to the Minister of Works and Transport (General Edward Katumba Wamala) for government intervention. Kisubi Hospital took the lead in drafting the correspondence, clearly outlining the condition of the road, the dangers it posed to road users, and the numerous unsuccessful attempts that had been made in the past to secure its improvement.



A group photo of the stakeholders with ministry officials, at Kisubi Hospital

A response from the top.....

The hospital's effort did not go unnoticed. In what was described as a remarkable show of respect and responsiveness, the Minister of Works and Transport responded by dispatching a delegation to Kisubi Hill. The delegation visited Kisubi Hospital, where they met with the assembled heads of institutions and community representatives.

The hospital's management, speaking on behalf of the stakeholders, delivered a comprehensive presentation that documented not only the physical dangers of the road - such as accidents, ambulance delays, and dust pollution - but also the long-standing emotional and economic toll it had taken on the community.

The delegation was impressed by the level of organization, unity, and clarity of purpose displayed. They conducted a physical assessment of the road and acknowledged both the urgency and the legitimacy of the community's appeal.

From advocacy to action.....



Dr. Robert Asaba making a presentation to Ministry Officials

Shortly after the visit, the Ministry of Works took action. Machinery rolled in, and work began on what many had long considered an impossible dream - the tarmacking of the Kisubi Hill road.

Today, as we write this story, the work is well underway. Sections of the road have already been tarmacked, and the transformation is visible. The dust has begun to settle - quite literally - and each day brings new progress as the project extends further up the hill.

While the road is not yet fully complete, the ongoing works have already rekindled hope and excitement across the community. Ambulances now move more easily, pedestrians walk with less strain, and the Kisubi Hill environment looks cleaner and more dignified.

This milestone reminds us that progress thrives on unity and shared vision. The work continues, but the dream is already alive - a smooth, accessible, and beautiful Kisubi Hill that reflects the excellence and dignity of the institutions it hosts. Together, we are not just building a road - we are paving the way for a healthier, stronger, and more connected community.

OUR LADY OF CONSOLATA

KISUBI HOSPITAL

Service with love







WHEN THE OLD BECAME NEW

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WHEN THE OLD BECAME NEW

THE JOURNEY OF THE CARITAS BUILDING: FROM MATERNITY BEGINNINGS TO A MODERN HOSPITAL WARD

At the heart of Kisubi Hospital's lush and serene campus stands a building whose walls have carried the weight of generations, witnessed countless beginnings of life, sheltered healers, and today, shine as one of Uganda's modern hospital wards. This is the story of the Caritas Building - a story of vision, resilience, and reinvention.



The Birthplace of Hope (1990s)

The Caritas Building was first constructed in the 1990s, a time when Kisubi Hospital was expanding its reach and mission to serve mothers. It was set up as the hospital's very first Maternity Ward. For years, it became the cornerstone of safe motherhood at Kisubi, a place where the cries of newborns and the relief of mothers echoed through its corridors. Many families across Uganda carry deep sentimental ties to this building, for it was here that new lives began.



From Mothers to Nurses: A New Chapter of Service

As the hospital grew, the need for a larger, state-of-the-art maternity unit arose. A new maternity ward was constructed, leaving the Caritas Building at a crossroads. Rather than letting it stand idle, management repurposed it into hostels for staff, particularly nurses.



This decision was not only practical but profoundly impactful. Kisubi Hospital sits away from the bustle of the main road, making accommodation near the hospital a challenge. By providing a hostel, the hospital ensured its nurses could live close to their place of duty, cutting down on transport struggles and enabling them to provide timely, efficient, and compassionate care to patients.

For years, the building bustled with life as a second home for nurses—an enduring testament to the hospital's commitment to both its patients and its staff.



The Test of Time

But as the years rolled on, time began to leave its mark. The once-proud structure began showing signs of wear. With asbestos roofing tiles, old plumbing, and aging electrical fittings, repairs became increasingly difficult. The building's safety became a concern, and one by one, staff began moving out.

Eventually, management made the difficult decision to halt further accommodation in the Caritas Building. The beloved structure stood still, its walls fading, its rooms silent - a ghost of its vibrant past.

A Strategic Decision: Breathing New Life

It would have been easy to let the building remain a relic. But Kisubi Hospital, known for its forward-looking leadership, saw an opportunity. Uganda was facing a growing need for private and specialized hospital rooms, and Kisubi itself was in high demand. The hospital management made a bold move: repurpose and renovate the Caritas Building into a modern hospital ward.

This decision sparked a renaissance. Two years ago, after extensive renovations, the building was reborn - not as a hostel, not as a maternity ward, but as Caritas Ward.

The Caritas Ward Today: Modernity Meets Legacy

Today, Caritas Ward is a symbol of what renewal looks like. With state-of-the-art fittings, spacious halls, and patient-centered design, it reflects the hospital's philosophy of blending medical excellence with comfort.

The ward is thoughtfully divided into two wings:

- **The General Wing**: A space that offers high-quality care with modern hospital beds and facilities, ensuring every patient receives dignified treatment.
- **The Private Wing:** Designed for patients seeking extra privacy and comfort. These self-contained rooms feature amenities such as private bathrooms, kitchenettes, balconies, and living quarters—more akin to a boutique hospital suite than a traditional ward.

From its modest beginnings as a maternity ward, through its years as a nurses' hostel, to its transformation into one of Uganda's most modern hospital wards, the Caritas Building embodies resilience and adaptability.

A Legacy of Care, A Future of Excellence

The Caritas Building's journey mirrors Kisubi Hospital's own legacy: rooted in compassion, strengthened by innovation, and committed to evolving with the needs of its community. It is not just a building—it is a living story of how spaces can transform to meet the demands of time while honoring the history they hold.

Today, patients walk through the doors of Caritas Ward not only to seek healing but also to become part of a legacy that stretches back decades. The walls that once welcomed mothers and sheltered nurses now stand renewed, carrying forward the same mission of care with even greater promise.

Caritas Ward is more than a ward - it is a symbol of Kisubi Hospital's unwavering devotion to service, resilience, and the future of healthcare in Uganda.



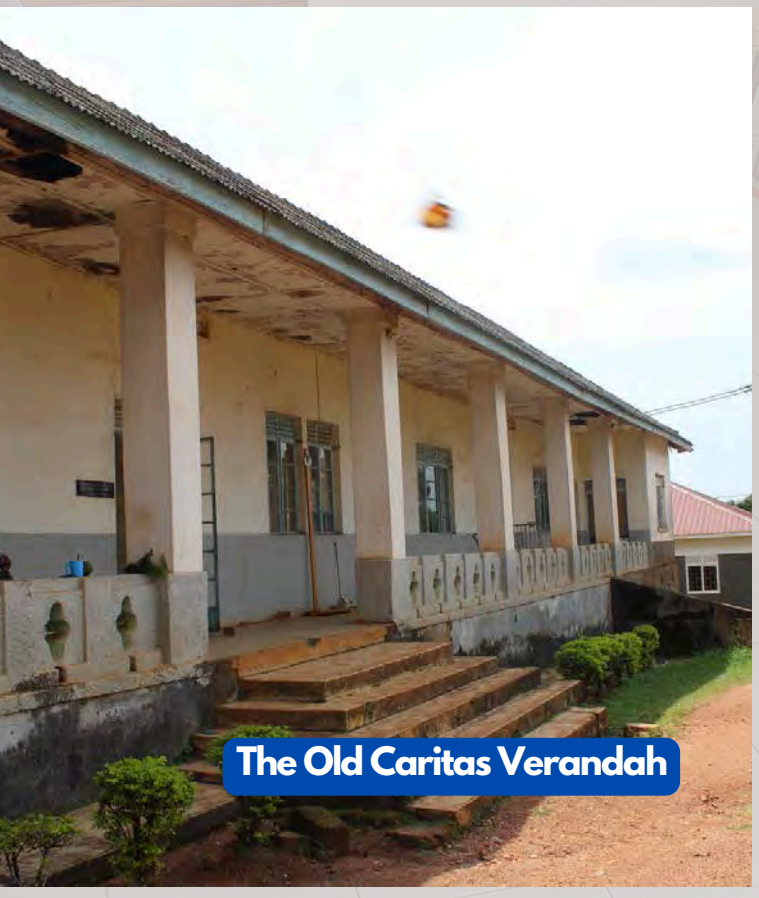
Caritas' New Look



The Old Caritas Corridor



The New Caritas Corridor



The Old Caritas Verandah



The New Caritas Verandah

More on Caritas' New Look



The Old Caritas View



The New Caritas View



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The Healing Touch of Luxury

EXECUTIVE ROOMS

Inside Kisubi Hospital's Executive Rooms on Caritas Ward

WHERE HEALING FEELS LIKE HOME

THE LUXURY EXPERIENCE AT KISUBI HOSPITAL'S EXECUTIVE ROOMS

At Kisubi Hospital, healing meets comfort in an atmosphere so refined that you forget you are within hospital walls. The Executive Rooms on Caritas Ward redefine patient care with a touch of luxury and warmth, designed not just for treatment, but for total well-being.

From the moment you step in, the first thing that captures your breath is the sheer spaciousness - a tranquil haven where comfort, privacy, and sophistication coexist seamlessly. The room opens up to a beautifully furnished sitting lounge, complete with finely woven sofas, designed to welcome visitors in style. Here, family and friends can sit in relaxed conversation, enveloped in the calm aura that fills the entire space.







Adjacent to the lounge lies the kitchenette, an elegant convenience that feels more like a premium apartment feature than a hospital amenity. Outfitted with high-end kitchen cabinets, a microwave, a percolator, and a refrigerator, it provides the perfect setup for preparing a warm cup of tea or a light meal without leaving the comfort of your own home. Both the living area and kitchenette gracefully overlook a serene verandah, where lush natural plants breathe freshness into the room - a gentle reminder of life's quiet beauty and the healing power of nature.







The sleeping quarters are crafted for comfort and companionship. The patient's bed is fitted with a ready oxygen supply, discreetly integrated to maintain both function and elegance. Close by, the caretaker's bed ensures that no patient ever feels alone. Every detail in this arrangement has been thoughtfully considered - fostering both care and peace of mind.

The bedroom itself mirrors a five-star retreat, complete with wardrobes for personal storage, soft lighting, and tranquil tones that soothe the senses. The bathroom is equally impressive, featuring modern fittings, a sleek design, and the luxury of hot water - an uncommon delight in medical facilities, yet a standard at Kisubi's Executive Suites.

Every corner whispers quiet sophistication, designed to nurture both body and soul. It's not just a hospital room; it's an experience of healing in elegance - where patients recover surrounded by comfort, nature, and peace.
At Kisubi Hospital's Executive Rooms on Caritas Ward, recovery isn't rushed. It's beautifully lived.

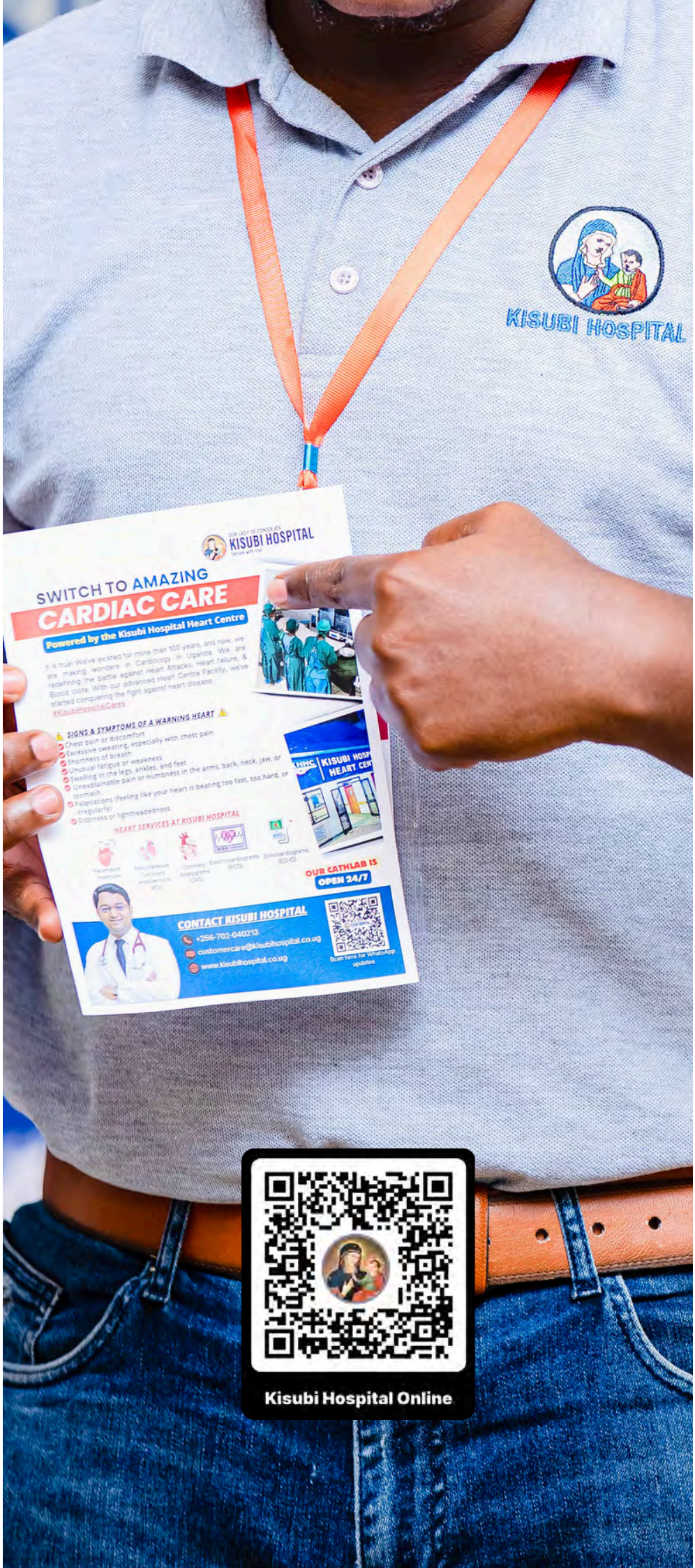


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TRANSFORMING LIVES

THE KISUBI HOSPITAL WAY

Extending Free Medical Care To Communities

CORPORATE SOCIAL RESPONSIBILITY (CSR) - A WHITE SMOKE FROM VATICAN CHIMNEY.

By: Josephine Butika Kayaga, Deputy Hospital Administrator

In modern times, any employee demands more from their place of work. Sustainability is no longer about doing less harm; it's about doing more good. A business is successful when it provides a product or service that contributes to happiness in all its forms. Further, a business that makes nothing but money is a poor business.

Corporate Social Responsibility (CSR) is measured in terms of businesses improving conditions for their employees, shareholders, and communities. It should be noted that businesses can't be successful when the society around them fails. CSR can be very hard for employees to relate to if they don't make CSR tangible in their everyday working lives.

Therefore, CSR is becoming increasingly important in modern times since it is a commitment of a company to cause what it deems important to its values, like engaging in charity work, advocating for human rights, and supporting social movements.

As the saying goes, "I'm not running for sainthood - in life we need to be a little like a farmer, who puts back into the soil what he takes out".

In conclusion, therefore, engaging in social contributions is beneficial to our Institution, it leverages on business competencies to address social issues and produces positive feelings for the employees' motivation and improved organizational culture.



A DONATION BY OUR MEDICAL INTERN TOUCHES THE HEARTS OF CHILDREN IN KAMPALA

By Ruth Namutebi - Patient Care Coordinator



Moving with our Pastoral Care team, one of our Medical Interns, Fatema Alseelawi, all the way from Denmark, wanted to give back to the community where she trained and bought a number of items on her way out, which she donated to various Orphanages and also to mothers with vulnerable children. This was quite a drive because she touched many souls, including Noah's Ark, a home for children with special needs in Entebbe. Sacks of Sugar, Rice, Soap, Cooking Oil, Toilet Paper, and shoes were donated to this home, which had a good number of children who seemed to be with hardly any foreign assistance. She was really touched!

From there, they headed to Sanyu Babies Home in Nsambya, a place with quite a number of children who looked healthy in a well-facilitated place and good-looking infrastructure. They were welcomed by Sisters who run the facility and donated sacks of food and other items for the children.

The other place visited was the Home of the disabled in Nalukolongo, run by the Good Samaritan Sisters. The place looked organised, with children who were well looked after. The same items were donated, and they looked very pleased and excited to receive them. Largely, it was a good day giving out to those in dire need.







Here in the hospital, we also organised mothers in the community who formed a group after being rejected by their husbands for having disabled children. They work together and support each other with these children on their backs as they wash people's clothes in the community. They are headed by one lady who mobilised them and brought them here to the hospital to receive their packages. Each of the ten mothers had 3 kilos of Sugar, 3 kilos of Rice, Cooking oil, and a bar of Soap. You should have seen the smiles on these ladies' faces; this meant a great deal to them. We also gave them a chance to narrate their horrifying stories.

We also posted on one WhatsApp group looking for mothers with disabled children and received about seven mothers with children suffering from cerebral palsy. We invited them to the hospital and offered them hampers with the same goodies as those we had earlier distributed. You should have seen the smiles. It is a lesson to us all to learn to give, no matter how small, as it makes a big difference to the person receiving.

Thank you, Fatema and the Pastoral Care Team.



KISUBI HOSPITAL TOUCHES HEARTS AT THE AMDA CARAVAN 2025

On August 29, 2025, Kisubi Hospital made a powerful mark at the AMDA Caravan in Mbarara by delivering free specialized medical services worth over UGX 80 million. The team attended to hundreds of people with life-changing care that included ECG and echocardiography, pediatric and adult cardiology consultations, blood sugar and blood pressure management, and general doctor consultations, among others.

For many in the community, this was the first time to access such advanced services, and the relief, gratitude, and renewed hope it brought to families turned the caravan into more than just a medical


People lined up for the camp

camp—it became a moment of healing and inspiration powered by Kisubi Hospital's commitment to extend quality healthcare beyond its own walls. The event was further honored by the presence of the Archbishop of Mbarara Archdiocese, His Grace Lambert Bainomugisha, and was complemented by AMDA's generous provision of free medication for cardiac patients, ensuring that the impact of the camp extended far beyond the day itself. Beyond the numbers and the services, what stood out most at the caravan was the human connection—stories of children whose heart conditions were detected early, adults who finally understood their symptoms, and families who left with renewed hope for healthier tomorrows.



His Grace Archbishop Lambert Bainomugisha interacting with Prosper Lumu our Business Development Officer

For many, this was not just medical care but a life-changing encounter that lifted the heavy burden of uncertainty. The Archbishop of Mbarara Archdiocese, His Grace Lambert Bainomugisha, expressed heartfelt thanks to the Kisubi Hospital team for their generosity and professionalism, while the AMDA organizing committee also extended their appreciation and requested for Kisubi Hospital's presence again and again in future caravans

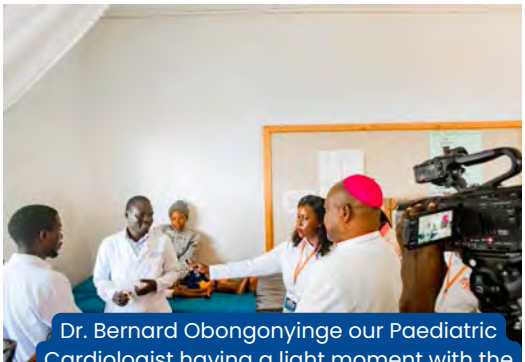
Kisubi Hospital's contribution was a reminder that when healthcare is delivered with compassion and excellence, it does more than treat illness —it restores dignity, strengthens communities, and writes new chapters of hope in people's lives.



People waiting in line to access our Cardiologists


Dr. Pascal Karatunga our Specialist, having a consultation with patients at the camp

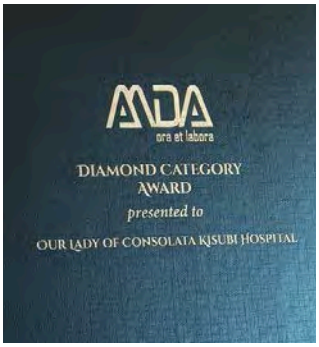

Our Cardiac Nurse, Anthony Mbuga offering guidance to a patient during the Caravan Camp


Dr. Bernard Obongonyinge our Paediatric Cardiologist having a light moment with the Archbishop



Ruth Namutebi the Patient Care Coordinator/PRO receives the AMDA Award on behalf of the Hospital

Kisubi Hospital wins AMDA Award



Written by: Ruth Namutebi

On 31st October 2025, Kisubi Hospital was among those invited for the AMDA Caravan 2025 Partners Dinner at Kabira Country Club to appreciate us for the service we extended to the call in Nyamitanga on 30th August 2025.

When we were approached by the Archdiocese of Mbarara Development Association (AMDA) to offer services to cardiac patients, we were hesitant at first because we had never had an outreach beyond Mukono and so we thought it was not going to be possible. As we sat with the team and discussed how best to handle this, many ideas started coming in and we eventually realized that it was going to be possible. Our worst fear was about the movement of the fragile equipment on bumpy roads but Management gave us a go ahead and we moved well. Another thing was getting the Cardiologists on board for three days out there to touch lives, this was also something else.

However, the trip turned out to be very successful, the numbers were huge, we were recognized by the Archbishop of the area and the critical pediatric cases were later handled at the Uganda Heart Institute.

So with all this done, we did not expect to be recognized beyond the hospitality that we were afforded at Maryhill School. On this Friday at the appreciation dinner, I heard names being called out for those that participated and offered so much support and I could hardly imagine that our hospital was amongst them. As Institutions / sponsors were being called out for Bronze, Silver, Gold, Platinum awards I lost hope, I had already had a good meal and knew that was it but when the MC mentioned that there was this new partner who was approached for support and did not hesitate but joined in full gear with all its equipment and personnel, this partner spent over 5omillion on this outreach I knew this was us and immediately they announced Our Lady of Consolata – Kisubi Hospital you should have seen me, I was all smiles. Then came this Tuesday when I had to present it to Management, it was an exciting moment receiving a Diamond Award for the efforts we put in as a team to ensure that our services get recognized regionally. We thank you AMDA!




Presenting the award to Management

Customer Care: The Quiet Powerhouse

By Edward Zabonna, Customer Care Officer



At Kisubi Hospital, healing goes beyond medicine. Behind every smooth patient experience is the Customer Care Office, a vital team that ensures every visitor feels guided, respected, and understood.

Often seen at the front desk or in hospital corridors, customer care officers do far more than greet patients. They act as the bridge between patients and the entire hospital system - helping people find the right units, answering questions, and resolving concerns with calm professionalism.

The Customer Care Office champions patient rights and ensures that Kisubi Hospital's values - compassion, dignity, and respect - are felt in every interaction. They listen to feedback, handle complaints, celebrate compliments, and make sure management receives accurate information to improve services.

By collecting and analyzing patient feedback, the office helps identify bottlenecks, track service gaps, and highlight what the hospital is doing well. This keeps Kisubi Hospital growing and responsive to the community's needs.

From admission to discharge, the team walks with patients - offering clarity on processes, directing them across departments, and providing reassurance during stressful moments. Their presence ensures no patient feels lost or unsupported.

More than anything, the Customer Care Office is the heart of hospitality within Kisubi Hospital. Their empathy shapes patient trust, and their professionalism strengthens the hospital's reputation.

At Kisubi Hospital, care is not just clinical - it is personal. And the Customer Care Office is the team that makes that promise real.

DELIVERING EXCELLENCE: THE CORNERSTONE OF QUALITY CARE IN OUR HOSPITAL

Quality care is the foundation of healthcare, and at Kisubi Hospital, we are committed to providing exceptional care that meets the highest standards of excellence. As a leading healthcare provider in Uganda, we recognize the importance of delivering care that is not only effective but also compassionate, patient-centered, and safe. In this article, we will explore the various aspects of quality care in our hospital and highlight our efforts to ensure that every patient receives the best possible care.



Moses Karatunga, Quality Care Officer



The Importance of Quality Care

Quality care is essential for achieving optimal health outcomes, reducing morbidity and mortality rates, and improving patient satisfaction.



It encompasses a range of factors, including effective treatment, safe care, patient-centered care, and timely interventions. At Kisubi hospital, we understand that quality care is not just a goal but a fundamental right of every patient.

Our Approach to Quality Care

At Kisubi hospital, we have implemented a multifaceted approach to quality care that includes:

Patient-Centered Care: We prioritize patient-centered care, which means that we involve patients in their care decisions, respect their autonomy, and provide care that is tailored to their individual needs.

Evidence-Based Practice: We adhere to evidence-based practice guidelines and protocols that are grounded in the latest research and best practices.

Continuous Quality Improvement: We have a robust quality improvement program that monitors and evaluates our care processes, identifies areas for improvement, and implements changes to enhance patient outcomes.

Staff Training and Development: We invest in our staff through ongoing training and development programs that equip them with the skills and knowledge needed to provide high-quality care.

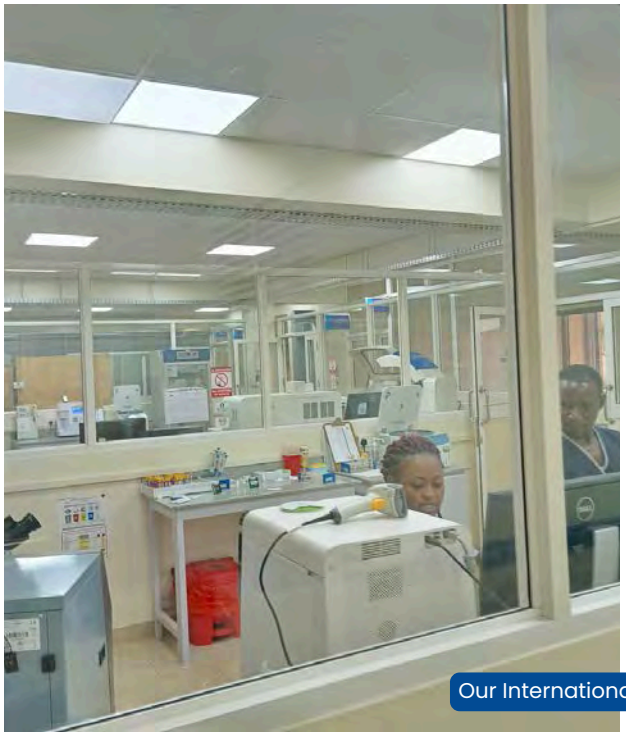
Achievements and Initiatives

We are proud of our achievements in quality care, including:

- **Accreditation:** We have been accredited by MOH and SANAS for our commitment to quality care and patient safety.
- **Low Infection Rates:** We have implemented effective infection control measures that have resulted in low infection rates.
- **Patient Satisfaction:** Our patient satisfaction scores are consistently high, reflecting our commitment to patient-centered care.

Conclusion

At Kisubi Hospital, we are dedicated to delivering exceptional quality care that meets the highest standards of excellence. We believe that quality care is a continuous process that requires ongoing effort and commitment. We are proud of our achievements and look forward to continuing to provide the best possible care to our patients.



Our Internationally Accredited Laboratory

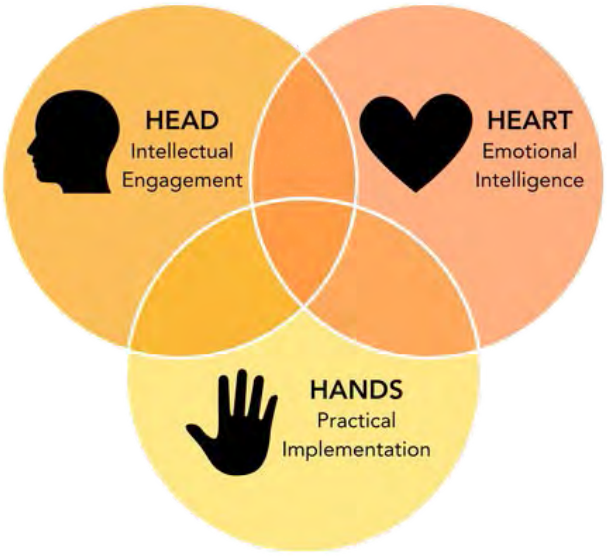


THE THREE FUNDAMENTAL H'S OF HUMANITY IN SERVICE

By Mrs. Winnie Lukiza - Human Resource Manager

Greetings from the staff body that became Family. While we send our children to school to acquire and amass all the knowledge they can, provide them with all that is within our ability to groom them, mentor them, and mention it; the world appreciates our efforts and jubilates with us once they graduate from school, with whichever award they have been able to toil for. "Congratulations, dear", we say!

Now the monster, "job search," comes into play.
At this point, whether one is well placed in life or not, fate will bring them together as employees in an institution, following whichever recruitment processes they have gone through.
Now, let us draw our attention closer to a team of Nurses, Medical Officers, Teachers, Administrators, or sailing crew, etc. I leave the choice of a particular team to you, my dear reader. Besides being a team with the same qualification, energies, and physique, etc., offering the same service with identical terms of reference, WHAT MAKES ONE STAND OUT from the CROWD?



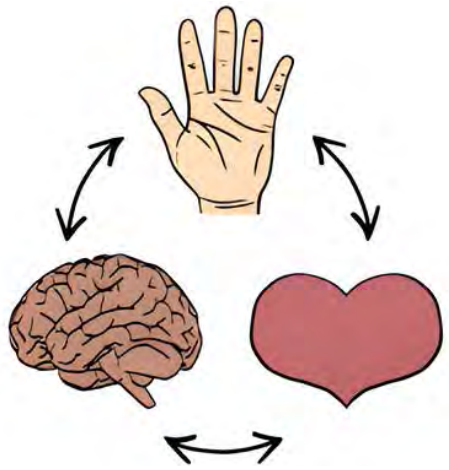




THE THREE (3) HS. THESE ARE THE HEAD, THE HEART, AND THE HANDS.

H- 1: The head:
While the complex structure of the head carries and houses several fundamental organs, a "good" head makes one stand out. Today, we are not referring to shape or beauty, but its functionality (those special units that make the head).

- **The eyes:** while others see things from a different perspective, there is this one person who will see it differently and act quickly in support, for damage control, to save a life, or a situation, etc.



H- 2: The Heart:

This is a special organ in our bodies to the extent that, figuratively, our actions/reactions are tagged to the heart. One will ask, does she even have a heart? That is, if the act is inhumane, and the reverse is true.

The Catechism of the Catholic Church also provides insights into the heart as the spiritual core of a person. The Bible teaches that "the good man brings good things out of the good stored up in his heart", and evil from an evil heart, and the mouth speaks what the heart is full of" (Matthew 12:35 and Luke 6:45).

A good heart leads to acts like uplifting others, providing support, offering comfort, expressing your true self, forgiving, showing trustworthiness, serving selflessly, and above all, practising compassion and empathy.

A team member with a good heart stands out, and their actions will always do clear public relations for them, so seamlessly.

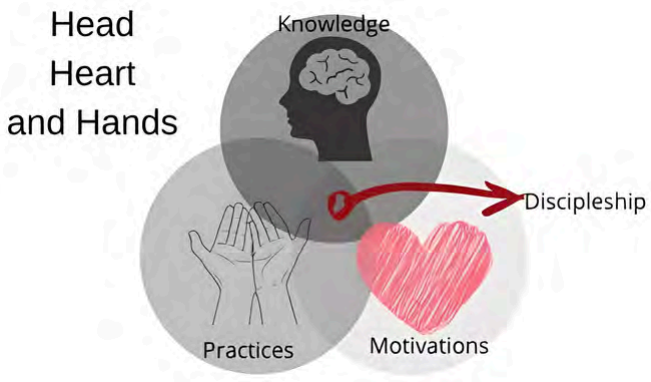
H- 3: The Hands:

In today's world, we want to change the humane understanding of why we exist. Let us remember that we exist to co-exist.

Our gifted hands must, in all ways, provide for us as well as our neighbours, or those persons before us. Regardless of what we do, God can only bless the work of our hands if the results are more of a common good than selfish gains.

- **The ears:** even in the weirdest situations, while others choose a laissez-faire attitude, one will have their ears to the ground to listen or hear what is said to them or their entity, and later, act accordingly.
- **The mouth:** It is said that the mouth speaks what is in the heart, but this unique person will speak logically or respectfully to "bring life" into the situation, plus that contagious and reasonable smile whenever necessary.
- **The brain:** The head also carries our brain. Remember, neuroscience has established the brain as the seat of consciousness, reflection, and memory, and therefore, it helps drive our mindset. Such a person will always have a positive attitude to derive the best out of every situation. Such a person will be creative and innovative to ensure effective and efficient care/service provision.

That is a good head, a head that can inspire and lead others into the right pathway.



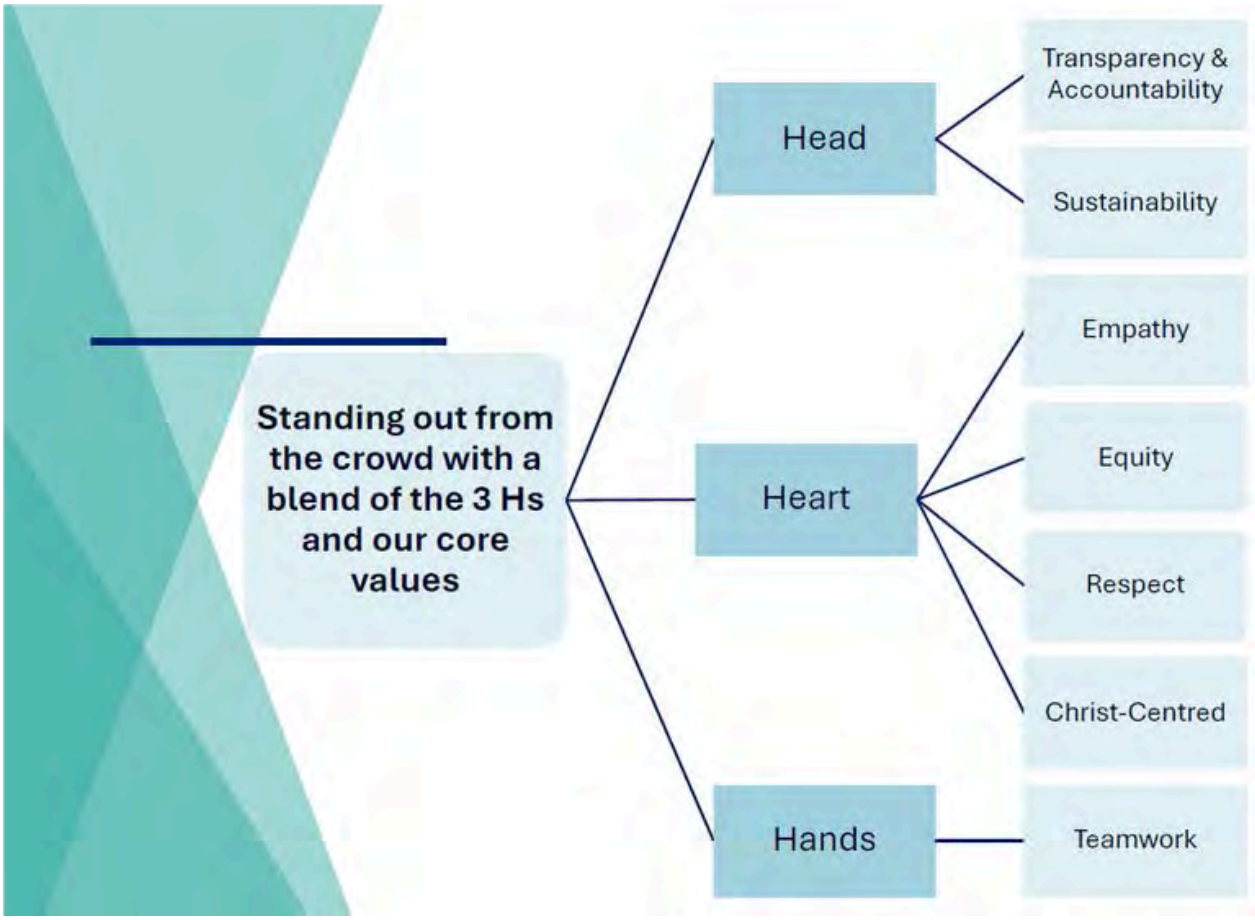
The bible adds that "Blessed is the hand that gives, rather than one that takes (Proverbs 22:9)

A team member will stand out if (s)he is ready to offer a service or be available to those in need. Always ready to offer care/service, etc., after all, it is what they sign for as they join the entity.

Daily, one should look at their hands, remember that they are gifted hands to serve, heal, provide, comfort, protect, name it, and that God created those hands for that.

CONCLUSION:

Back home, I now wish to relate the 3-Hs to our core values as Kisubi Hospital staff. Our values relate to the respective "Hs", while some will actually relate to more than one "H", if we go into deeper analysis.



As the Hospital embarks on a new journey of sloughing off into a new era with a new skin, it is equally paramount to consider the same direction with our individual selves.

There is a lot we can do with and for ourselves to rebrand our professions/ titles/ selves, to stand out from the crowd. We can be our own PRs by our actions and/or the way we do things. Let us be innovative. SPARK your work life and STAND OUT.



SHINING A LIGHT ON GROWTH: PERFORMANCE APPRAISALS WORK LIKE MAGIC AT KISUBI HOSPITAL

By Kaaya Richard - Deputy Human Resource & Performance Manager

As the Deputy HR and Performance Management Officer, let me take a moment to share something about our staff's professional journey here at Kisubi Hospital.

In some organizations, I understand, the appraisal process might feel like a formality, but the truth is, it's a vital tool for both the employee and the organization. It's a chance to reflect, grow, and ensure that all teams work together to provide the best possible outcomes

Why are performance appraisals important?
Growth and Development: The primary goal of an appraisal is not just about evaluating past performance. It's about looking forward. It's a dedicated time for a subordinate and a supervisor to discuss strengths, identify areas for skill development, and set future goals. Think of it as a roadmap career, guiding towards aspirations.

Recognition and Appreciation: Appraisals offer a formal opportunity to acknowledge hard work and contributions. A supervisor highlights achievements, recognizes dedication, and expresses appreciation for efforts. This can be a real morale booster and a reminder that your work is noticed and valued.

Clear Expectations and Feedback: Appraisals provide clarity on what is expected of your role. You will receive constructive feedback on your performance, helping you understand how you are doing and where you can improve. This feedback is essential for continuous improvement and ensures you are aligned with the hospital's goals.



Open Communication: The appraisal process encourages open communication between you and your supervisor. It is a chance to discuss any challenges you are facing, share your ideas, and ensure you have the resources and support that you need to succeed.

Fairness and Consistency: Performance appraisals help ensure fairness and consistency in how we evaluate and reward employees. They provide a structured process for assessing performance against established criteria, helping to minimize bias and promote equitable treatment.

Hospital Improvement: At Kisubi Hospital, insights from performance appraisals also benefit the hospital as a whole. By identifying areas where staff need more training or support, we can improve our services and create a better work environment for everyone.

How can any employee make the most of their appraisal?
Prepare beforehand: Reflect on your accomplishments, challenges, and goals. Gather any relevant documents or examples of your work.

Be honest and open: Share your thoughts and feelings. This is a safe space to discuss your performance and career aspirations.

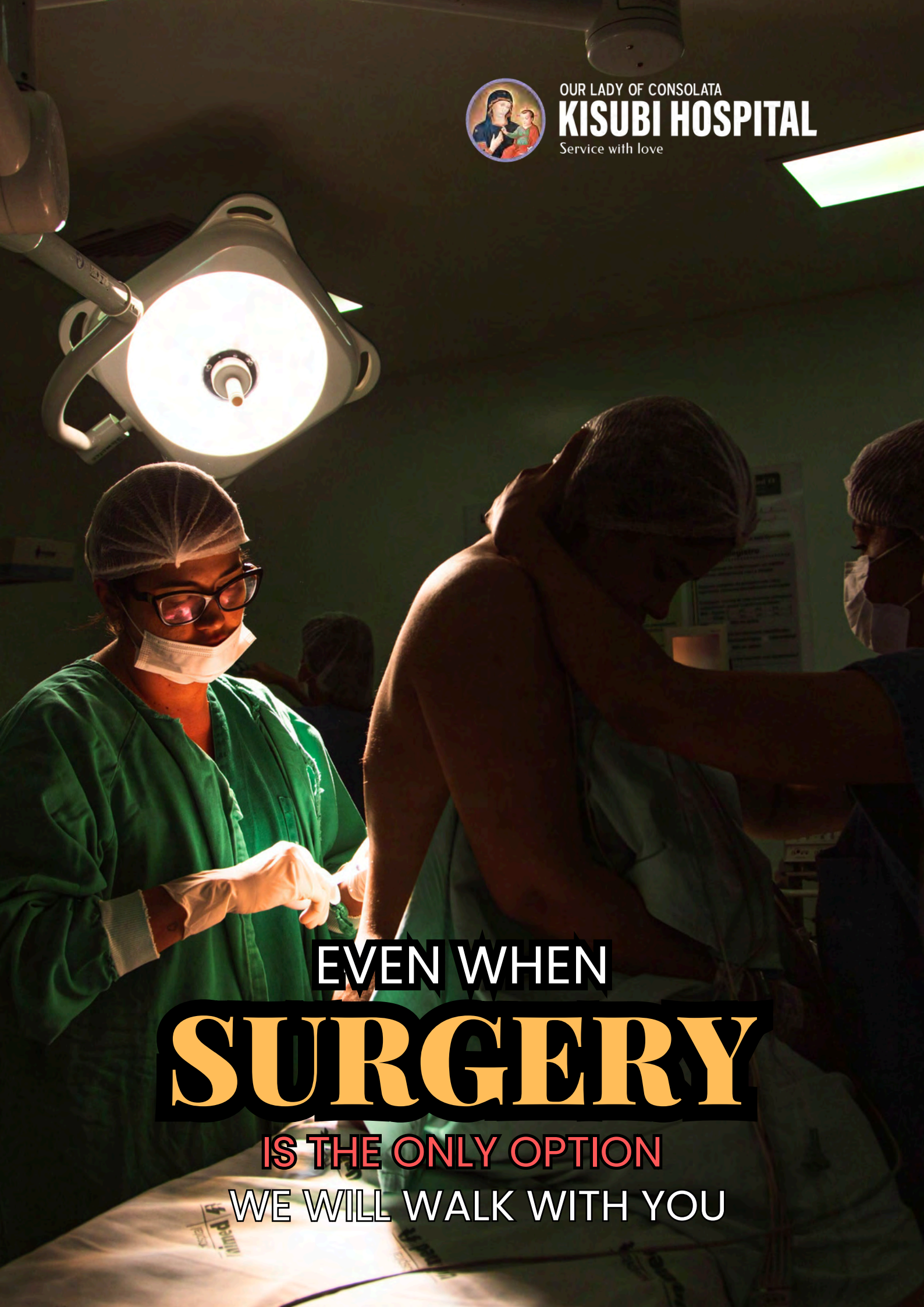
Ask questions: Do not hesitate to ask for clarification or further explanation. This is your opportunity to gain a deeper understanding of your performance and expectations.

Listen actively: Pay close attention to your supervisor's feedback and take notes.

Set realistic goals: Work with your supervisor to set achievable goals for the next review period.

I encourage all organizations to embrace the performance appraisal process as a valuable tool for employees' professional growth. It's an opportunity to reflect, learn, and contribute to the success of any organization.




OUR LADY OF CONSOLATA
KISUBI HOSPITAL
Service with love
EVEN WHEN
SURGERY
IS THE ONLY OPTION
WE WILL WALK WITH YOU

KISUBI HOSPITAL: EXPANDING EXCELLENCE, DELIVERING SPECIALIZED CARE

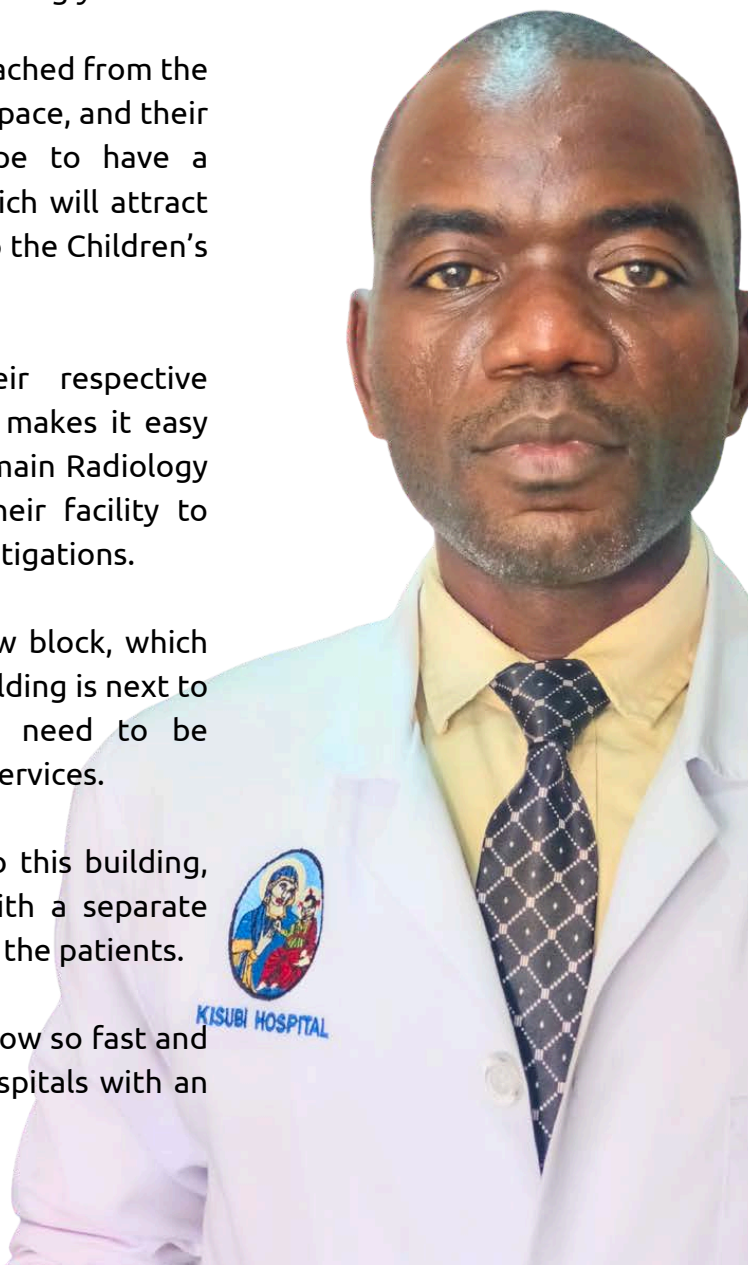
Dr. William Ssebanenya, General Surgeon

We thank the Almighty God who has continued to sustain and protect us. Kisubi Hospital is one of the fastest-growing institutions along Entebbe Road, both in terms of infrastructure and human resources. I take this opportunity to appreciate all our staff and the Management team for their unwavering dedication and guidance. We also extend our sincere gratitude to our partner institutions and our clients who continue to entrust us with their health and well-being.

In June 2024, the hospital opened a Special Clinics Facility where we operate a fully functional Private Outpatient Department offering a wide range of specialties, including General Surgery, Psychiatry, Cardiology (both adult and pediatric), Urology, ENT, Orthopedics, Ophthalmology, Dermatology, Internal Medicine, and a Private HIV Clinic.

Some of these clinics run throughout the week, while others operate on specific days. Gone are the days when you would come to Kisubi Hospital and fail to achieve what you really want. We can meet your needs within a specified time, and for those referred to see other specialists internally, they are able to consult accordingly.

The Pediatrics have their own Unit, which is detached from the Outpatient Department. They enjoy their own space, and their Inpatient Unit is under renovation. We hope to have a standard Children's Ward in the New Year, which will attract more parents because it is being constructed to the Children's specifications.



The Gynecology clinics operate from their respective departments within the MCH Complex, which makes it easy for the mothers. They no longer move to the main Radiology department since they have a unit within their facility to handle ultrasound scans and other related investigations.

The Physiotherapy Clinic has moved into a new block, which has also been prepared for their needs. This building is next to a parking area intended for patients who need to be supported for the Physiotherapy/Orthopaedic services.

The Dental department is also located next to this building, newly refurbished with two dentists, each with a separate dental chair, which reduces the waiting time for the patients.

The new innovations have made the hospital grow so fast and recognized as one of the highly specialized hospitals with an Accredited Laboratory in the area.

BEYOND THE BENCH: HOW LABORATORY SUPPORT STAFF KEEP THE HOSPITAL MOVING

By James Luwunge - Laboratory Sample Runner

The hospital laboratory is the heartbeat of diagnosis and treatment, yet behind every accurate result stands a dedicated group rarely seen — the laboratory support staff. Their commitment ensures that every test, sample, and report reaches its destination on time and in perfect condition.

From collecting and labeling specimens to transporting them safely between wards, these team members form the backbone of daily operations. Though their duties may appear simple, they are essential in maintaining accuracy, efficiency, and patient safety.

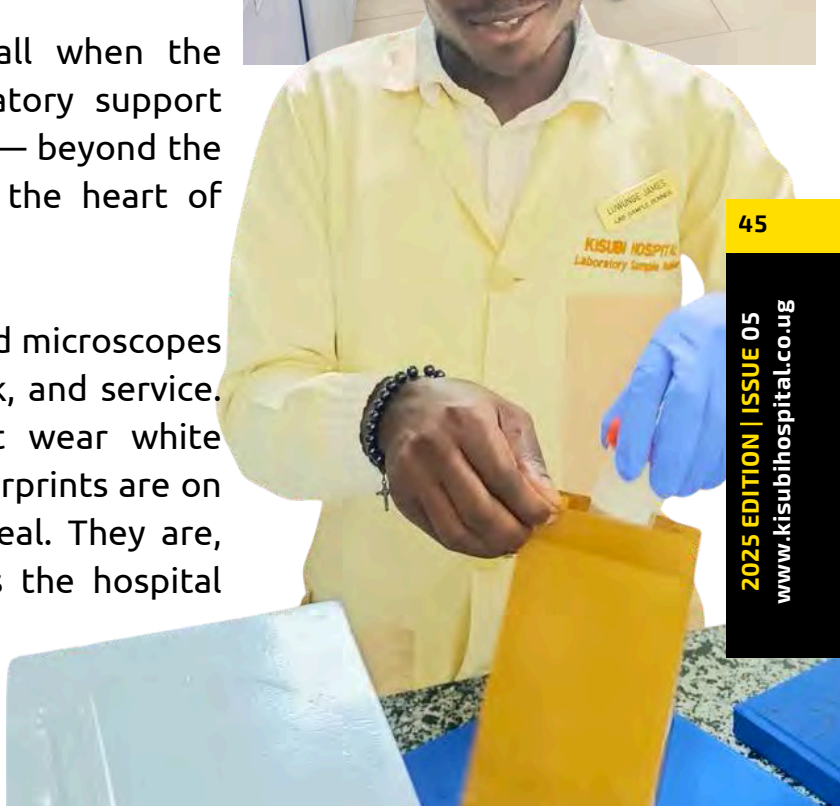


Working quietly under strict safety measures, they handle hundreds of samples each day — each one representing a patient's hope for answers. Their teamwork with technologists and pathologists keeps workflows steady and ensures that doctors receive timely results to guide patient care.

Many of them work long hours, often during extremely busy days, yet their contributions go largely unnoticed. Recognizing their efforts is not just a courtesy — it's an acknowledgment of their vital role in keeping the hospital running smoothly.

In healthcare, no role is too small when the mission is saving lives. The laboratory support staff truly keep the system moving — beyond the bench, behind the scenes, and at the heart of every result.

All in all, beyond the lab benches and microscopes lies a story of dedication, teamwork, and service. Laboratory support staff may not wear white coats or sign reports, but their fingerprints are on every result that helps a patient heal. They are, indeed, the quiet force that keeps the hospital moving.



The Kisubi Hospital Experience Through every Junior House Officer's Eyes

By Dr. Rodgers Tukwatsibwe - The In-charge 2025/2026 JHOs

On behalf of the 2025/2026 cohort of JHOs, comprising Medical Doctors, Pharmacists, and Nursing Officers, we extend warm greetings to the entire Kisubi Hospital family and friends. It is with great pleasure and sincere appreciation that we express our gratitude for the exceptional support and mentorship we have received since we joined this Kisubi family on 4th August 2025.

Our journey at Kisubi Hospital has so far been one of learning, professional growth, and inspiration.With warmth and professionalism, the Kisubi Hospital team welcomed our Cohort. Orientation into the norms and culture that the institution upholds was done as we were initiated into the professional tradition which we now uphold.

We wish to acknowledge, in a special way, the Human Resource Department for their excellent coordination and guidance during our onboarding process.



Our gratitude also goes to the Auxiliary Staff, whose dedication and service are vital to the smooth running of the hospital.

We equally extend our appreciation to the Nursing Department, whose commitment to compassionate care and teamwork continues to inspire us daily, and to the Pharmacy Department for their unwavering support and mentorship in ensuring the rational and safe use of medicines.



During one of the orientations of the 2025/2026 Junior House Officers







To the Senior Medical Officers, Consultants, and Specialists who have dedicated their time to guide us, we remain deeply indebted. Your mentorship and professionalism have greatly contributed to our growth as young health professionals in the system.

We recognize and appreciate the privilege of joining your team at Kisubi Hospital and being integrated into the family. The institution provides unique opportunities not commonly available elsewhere, including exposure to all four major disciplines of Medicine and Surgery, as well as an enabling environment that supports both professional and personal development. The hospital's infrastructure, supportive staff, and exceptional leadership make Kisubi Hospital an outstanding center for learning and service.

As we continue our journey, we reaffirm our commitment to uphold the hospital's values of excellence, compassion, and integrity. We look forward to continued collaboration and teamwork with all departments as we collectively strive to serve humanity in Christ.

In the spirit of Kisubi Hospital's noble motto, we pledge to always "Serve with Love."





By Mbuga Antony - Nurse

The Heart of Nursing

'Providing compassionate care'

As a nurse, taking care of patients is not just a job, but a privilege. It's a responsibility that requires compassion, empathy, and a deep understanding of the human experience. When patients entrust their care, they're not just handing over their fears, hopes, and dreams.

Good patient care goes beyond administering medication and performing procedures. It's about creating a safe, supportive environment that fosters healing and well-being. It's about listening actively, communicating effectively, and advocating for our patients' needs.

The importance of empathy

Empathy is the foundation of patient care.

When we take the time to understand our patients' perspectives, we build trust and rapport. We show them that we value their experiences and concerns.

Empathy helps us to provide personalized care that addresses the physical, emotional, and spiritual needs of our patients.

Key elements of good patient care

- Effective communication; clear, concise communication is essential for building trust and ensuring that patients receive the care they need
- Compassion and empathy; showing kindness, understanding, and patience helps patients feel valued and supported.
- Cultural sensitivity; providing care that respects patients' cultural background and values promotes a positive experience
- Patient education: empowering patients with knowledge about their condition, treatment, and self-care enables them to take an active role in their recovery.
- Collaboration and teamwork; working with other healthcare professionals ensures comprehensive care that addresses all aspects of a patient's needs.

The Rewards of Patient Care

Caring for patients is a rewarding experience that brings joy and fulfillment to our work. When patients recover, we are grateful for the opportunity to have made a positive impact on their lives. When patients face challenges, we are honored to stand alongside them, offering support and guidance.

Conclusion

Caring for patients is an art that requires skill, compassion, and dedication. As nurses, we are privileged to play a vital role in the healthcare system. By providing empathetic, patient-centered care, we can make a meaningful difference in the lives of our patients and their families. Let's continue to strive for excellence in patient care, always keeping in mind the importance of empathy, communication, and collaboration.



MEET OUR MRI THAT WORKS WITH ARTIFICIAL INTELLIGENCE

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Kisubi Hospital Ushers in a New Era of MRI Excellence

By: Ssemakula Ernest (Medical Imaging Technologist)

Magnetic Resonance Imaging (MRI) is a non-invasive medical imaging technique that uses strong magnetic fields and radio waves to generate detailed images of the organs and tissues inside the body. It works by aligning hydrogen protons in the body with a magnetic field and then detecting signals released as they return to their natural state, creating highly precise cross-sectional images.

Brief History of MRI

Magnetic Resonance Imaging (MRI) has its origins in the 1970s when Dr. Paul Lauterbur and Sir Peter Mansfield developed techniques to generate the first cross-sectional images using nuclear magnetic resonance principles. Today, AI integration, higher field strengths, and patient-friendly designs like MAGNETOM Flow at Kisubi Hospital continue to push the boundaries of non-invasive imaging worldwide.

Kisubi Hospital is proud to announce the arrival of the Siemens Healthineers MAGNETOM Flow 1.5T MRI machine with DryCool technology, the first of its kind in the region. This groundbreaking innovation places Kisubi among the select few hospitals in Uganda equipped with next-generation imaging technology.

Why This MRI is a Game Changer

Unlike conventional MRI systems, the MAGNETOM Flow is helium-independent, using a sealed design that requires only 0.7 liters of helium for life. This means greater sustainability and more reliable service. Its short, open 60 cm bore design and quiet scanning technology help ease patient anxiety and improve comfort, even for children and patients who may struggle with claustrophobia.

Smarter Imaging with AI

At the heart of the MAGNETOM Flow is AI-powered myExam Companion technology that ensures consistent, high-quality results. From complex neuroimaging to cardiac studies, the system automates routine tasks and adapts to each patient's unique needs. This makes MRI more accessible, faster, and more precise than ever before.

Expanding the Range of Examinations

With the advanced Tim 4G and BioMatrix technologies, Kisubi Hospital can now provide comprehensive imaging services, including, BUT NOT LIMITED TO:

- **Neurology:** high-resolution brain and spine studies, functional MRI, diffusion, and perfusion imaging.
- **Cardiac MRI:** structural and functional heart imaging, including tissue characterization.
- **Angiography:** contrast and non-contrast vascular imaging of the brain, chest, abdomen, and extremities.
- **Oncology:** precise tumor detection and monitoring using advanced diffusion and perfusion sequences.
- **Musculoskeletal & Orthopedic Imaging:** including patients with implants using WARP technology for artifact reduction.
- **Pediatric Imaging:** adapted protocols for infants and children, with faster, quieter scans.

A Milestone for Kisubi Hospital

This investment represents Kisubi Hospital's commitment to delivering world-class healthcare in Uganda. The MAGNETOM Flow MRI will not only improve diagnosis and treatment planning for patients but also support clinical research and training of future imaging specialists. As the radiology hub of choice, Kisubi Hospital continues to combine compassionate care with cutting-edge technology—bringing tomorrow's healthcare to Uganda today.



Picture taken in the night as the brand new MRI delivery arrived at the Hospital, from the Airport after departure from Siemens, the Manufacturer in Germany



Having started in 1904 under a tree to treat sleeping sickness, Kisubi hospital stands to be the most widely open eye in the Pearl of Africa through its



From sleeping sickness to the widest open eye

Article by John Baptist Kizito - Radiology Department

With a team of deterministic technologists that see beyond illumination, who never wake up since they don't sleep, providing 24-hour high contrasted digitalized X-ray images that are both conventional and specialized, and using up-to-date and future technology, and with the ALARA turnaround time, their output is surely beyond comparison.

With a state-of-the-art CT scan, all neural, vascular, and interventional scans are done with utmost care and professionalism. Followed by in-depth provisional and instant results on site and a comprehensive Specialist Radiologist's report at the comfort of your phone, CT–Scan services at Kisubi Hospital are indeed at a different level.

All in the Radiology Department



Unmatched ultrasound services are provided with dedicated equipment and personnel for the Maternity Department - done as and when required, with decisive reporting and highly thought-out recommendations.

With a system that doesn't isolate mothers and their newborns, with both routine and Doppler investigations readily available with internationally recognized results and globally approved reporting, making you feel late for conception.

The future technology, comprised of the Magnetom Plus MRI machine, a second-to-none in Uganda and the latest on the African continent, not only processes but also thinks with AI.

It features a rare 3D Cardiac MRI and uncommon functional/spectroscopy, all done in a heaven-on-earth ambience

Coming to the field not to play the imaging game but to change its rules. This magnificent experience makes you want to repeat even the tests you have already done.

All the above, put together under one roof on the same floor - The Imaging Centre Floor, one entry point, and all amenities available with globally approved customer care standards and Christ-centered. Amidst all this, the one piece of the puzzle missing is - YOU.

Kisubi Hospital

My PERSONAL SANCTUARY

A Nurse's Experiential Encounter



By: Edwoku Patrick

Enrolled Nurse
Emergency Department

It's always a nightmare within Africa and other parts of the world when it comes to finding a health facility with superb service provision and a great working environment. Kisubi Hospital is one of those facilities that is beyond imagination with regard to such performance.

In my 4 years' stay in this Hospital, I have come to feel at home, far away from home, a place where administrators not only come down to the same level as employees but get to play the role of parents just to ensure a comfortable environment for the employees. A place where staff are provided with a free learning environment and also given opportunities to share their knowledge with all the different cadres, thus maintaining a levelled knowledge ground. A place where humanity is considered with staff, pardoned and corrected for the mistakes they unknowingly fall culprits unknowingly.

Ohhh!!! Kisubi Hospital is surely a place where every employee would wish to join and never at any point think of quitting.

The comfortable environment provided by Management makes the level of commitment by all staff, work being so immense and incomparable to any other health providing facility, working tirelessly with smiling faces both day and night, like they were specifically created and trained for Kisubi Hospital.

The level of knowledge, commitment, and expertise witnessed in every staff member from Management, Specialists, Medical Officers, Nurses, Midwives down to support staff witnessed from Reception. During the transfer of patients, inpatient care, the responsiveness and organized coordination during emergency situations have put big smiles on most patients' and attendants' faces, making them gain hope in moments where hope is lost, and they all move out of the hospital with lots of smiles on their faces.

From what I have witnessed, even if I am no longer a staff member, I will always wish myself, relatives, and friends within and beyond to be treated and nursed at Kisubi Hospital.

Ohhh!! Kisubi, what a Hospital
Service with Love

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Service with love

PAINLESS NATURAL LABOUR Available



BRINGING COMFORT TO CHILDBIRTH!

We are delighted to announce that we now offer epidurals (painless labour) for a more comfortable birthing experience. This is for mothers who desire to have a painless, normal delivery. Your journey to parenthood just got quite smoother!

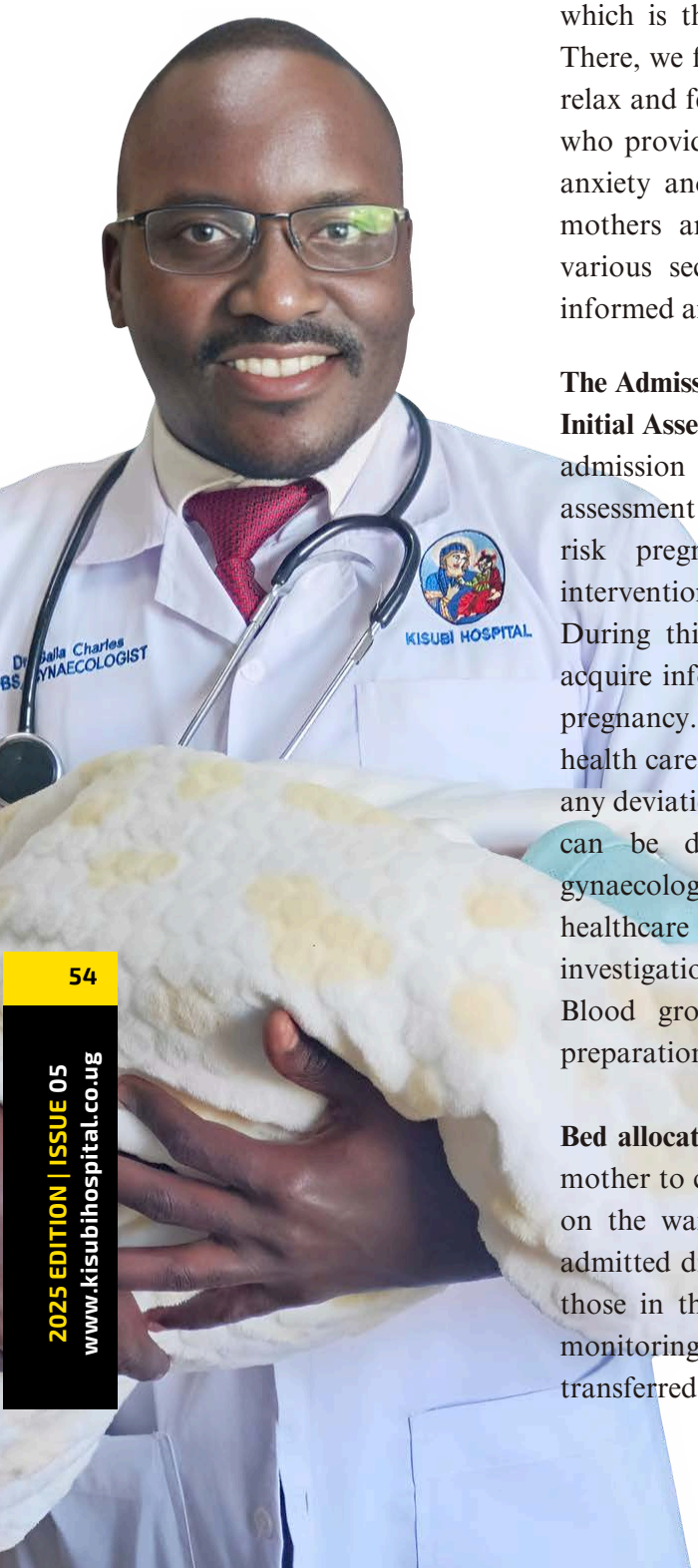
Maternity Corner

The admission process in the Maternity Ward at Kisubi Hospital

A New Life Begins



The Maternity Ward is a critical area in any hospital where expectant mothers receive care and give birth.



The Reception at Maternity:

At the entrance of the Maternity Ward, there is a reception area which is the first point of contact for mothers and their families. There, we find a comfortable and clean waiting area to help mothers relax and feel at ease. We also meet friendly and compassionate staff who provide a warm and welcoming reception to alleviate mothers' anxiety and stress. These staff also make efficient registration of mothers and provide them with clear communication about the various sections within the department, hence making them feel informed and prepared.

The Admission Process

Initial Assessment: Upon arrival, the mother is warmly received at the admission room by a midwife or doctor who carries out an assessment to determine the stage of labour and to identify the high-risk pregnancies so as to take necessary precautions and interventions.

During this assessment, mothers' antenatal cards are reviewed to acquire information concerning the care received during the current pregnancy. Physical Examination from head to toe is done by the health care provider, and vital observations are also taken to rule out any deviations from the normal values so that necessary interventions can be done. The past medical history, obstetrical history, gynaecological history, and surgical history are taken so that the healthcare provider can rule out any risk factors. Necessary investigations like biophysical profile scan, complete blood count, Blood grouping, HIV screening, and any others are done in preparation for a safe delivery.

Bed allocation: After a thorough assessment, the midwife guides the mother to choose which room to utilise during her time of admission on the ward. Mothers who are in the active stage of labour are admitted directly to the labour ward for close monitoring, as well as those in the latent stage of labour are admitted to the rooms for monitoring till they get to the active stage of labour so that they are transferred to the labour ward.

A New Life Begins

.....because every detail matters

When preparing for the new born





Preparation for delivery

All mothers admitted for delivery in the Maternity Ward, regardless of which stage of labour, are prepared for delivery.

During this preparation, we review the delivery plan that was made by the doctor or midwife during their discussion with the mother at the time of antenatal care visits or the discussion made during the time of admission to the Maternity Ward. The mother is expected to deliver either normally through the vagina or by caesarean section.

General preparation

Mother is advised to have the following equipment ready with her.

Mama kit, flask with tea, bucket or basin, baby's clothes, mother's clothes, bedsheets, blanket, money for upkeep, among other personal needs.

Physical preparations

Bathing, shaving, adequate rehydration, continuous bladder emptying, physical exercises, and others, as may be guided by the midwife.

Psychological preparations

Counselling and guidance are provided by the midwife concerning the expectations during labour and childbirth.

The family members are encouraged to stay close to the mother and to provide the necessary support. The midwife remains compassionate and supportive to the mother to alley her anxieties. She also keeps close to her mother and is always ready to answer any questions raised by her mother and her family members.

Spiritual preparations

The mother is encouraged to pray in her own faith and religion for God to remain in control of all the events that will take place during labour and delivery. This helps to keep the mother trusting in God at all times, hence relieving her stress and keeping her relaxed and ready to cooperate with the team of health workers.

In a nutshell, the admission of a mother to the maternity ward is a critical step in ensuring a safe delivery. By following the standardized admission process, we, the staff at Kisubi Hospital, always identify complications, provide timely interventions, enhance the patients' experience, and contribute to better health outcomes.



By: Sr. Maria Cecilia Namyalo

OUR LADY OF CONSOLATA
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PAINLESS LABOUR

Your Most Common Questions - Answered Honestly & Simply
Childbirth is beautiful - but the pain? Not so much.

Good news:
At Kisubi Hospital, we offer safe, professional, and fully available Epidural Analgesia (Painless Labour).
And because we know mothers have questions, fears, and WhatsApp group myths, here is the truth, the whole truth... and nothing but the truth.



Q1: What exactly is an Epidural (Painless Labour)?

An epidural is a safe injection placed in your lower back by a trained anesthesiologist to reduce labour pain. It doesn't knock you out. It doesn't affect your pushing. It simply ***takes the pain from 10 to close to 0,*** while you stay awake, aware, and in control.

Q2: Does Kisubi Hospital offer epidurals?

Absolutely YES.

Kisubi Hospital has a ***dedicated team of qualified anesthesiologists*** available to deliver painless labour services, with modern equipment and round-the-clock maternity support.

Q3: Will the epidural harm my baby?

No.

The medicine stays around your spine - it does not enter your bloodstream in harmful amounts, and it does **not** reach the baby. Your baby will be monitored throughout to ensure everything is safe.

Q4: Will I be able to push the baby with an epidural?

Yes!

An epidural reduces pain, not the ability to push. Most mothers say, "I felt pressure but no pain - and pushing was easier."

Q5: Is it true that an epidural causes back pain forever?

This is the biggest myth!

Epidurals do NOT cause chronic back pain. What most mothers feel is normal post-delivery soreness (which happens even without an epidural). The injection site heals within days.

Q6: Can an epidural paralyze me?

No.

Paralysis from epidurals is practically unheard of when done by trained professionals. At Kisubi Hospital, the procedure is done by ***experienced specialists,*** using sterile equipment and modern monitoring.

Q7: Will the needle reach my spinal cord?

No.

The epidural goes into a safe space around the spinal cord - not inside it. You won't see or feel anything scary because your anesthesiologist will guide you gently through every step.

Q8: Will the effects last too long or make me "too numb"?

No.

The anesthesiologist controls the exact amount of medication you receive. You stay comfortable, alert, and able to move your legs slightly. Once delivery is done, the numbness wears off within a few hours.

Q9: Is painless labour only for women who "fear pain"?

Not at all!

Painless labour is for any mother who wants a ***calm, controlled, and dignified delivery experience.***

Childbirth is not an exam in "how much pain you can endure." Your comfort is part of good medical care.

Q10: How safe is the epidural at Kisubi Hospital?

Kisubi Hospital follows ***international safety guidelines,*** with:

- Skilled anesthesiologists
- Modern monitoring machines
- A well-equipped maternity ward
- Continuous mother & baby observation

Our goal is simple: a ***safe mother, a safe baby, and a memorable childbirth experience.***

Q11: Does it make labour longer?

Studies show that epidurals ***do not significantly prolong labour.*** In fact, many mothers relax so well that labour progresses faster.

BOTTOM LINE

Mothers deserve comfort. They deserve choice. They deserve a joyful birth experience.

And at Kisubi Hospital, painless labour (epidural) is REAL, SAFE, AVAILABLE, and AFFORDABLE.

If you want a smooth delivery, with less fear and more confidence,

Kisubi Hospital Maternity is ready for you - every day, every night.



The Maternity Experience at Kisubi Hospital

By: Sr. Maria Cecilia Namyalo (Midwife)



When planning on having a baby, there are some questions and choices you tend to have.

Should I have a ***natural birth***, an ***epidural,*** or a ***caesarean section?*** Who do I want with me during delivery?
Which hospital should I go to? You want to make sure that you and your baby are in professional and safe hands.

Our maternity packages are considerately designed to ensure you get a smooth experience. This encompasses antenatal care, delivery services, and postpartum support.

More to that, these packages aim at providing a seamless and supportive experience for expectant mothers, addressing various aspects of the journey from conception to postpartum recovery.

The department has well-equipped delivery rooms, where we give one-on-one support from midwives and obstetric doctors.
As mothers recover from the most trying and rewarding experience, their privacy and comfort are key. This is why our packages include a choice to pick from.

Our Maternity Department is so passionate about providing our mothers and their babies with the most comfortable experience possible. Preempting those anxieties that the journey comes with.
Away from that labor and delivery room, you really had a tough, though rewarding experience. You've persevered, and now it's time to relax and bond with the little one.

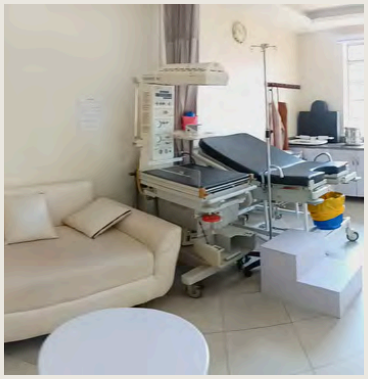
We have both General space and Private, comfortable rooms.

Private rooms, these include:

- **Half private,** this is a shared room of two mothers.
- **Full private** where there is only one mother.
- **VIP,** where there is only one mother, and it is self-contained.
- **Mega VIP,** which comes with a sitting room, bedroom, and it's self-contained.

All these packages cover a team of midwives and doctors who offer support and provide guidance on child care and breastfeeding.
Furthermore, private packages exceptionally encompass meals from a professional service provider.
Because you deserve it, your hard work pays.
We take pride in being part of your motherhood journey, and likewise we look forward to receiving you. Let's join you in this journey for a smooth experience.







MATERNITY

VIP & PRIVATE LABOUR SUITES

THE EPITOME OF COMFORT AND CARE

At Kisubi Hospital, our VIP and Private Labour Suites redefine the childbirth experience - blending luxury, privacy, and safety in one serene space. Each suite is impeccably clean, fully self-contained with a private bathroom for the mother's comfort, and spacious enough to allow gentle movement and light exercises during labour. A cozy sitting lounge within the same suite lets loved ones witness the baby's birth in real time and share in the miracle of birth.

Every detail is designed around the mother and baby - from in-suite baby stations that ensure the newborn never leaves the mother's side, to built-in resuscitation units and cold storage for essential medicines. A dedicated team of obstetricians, midwives, and pediatric specialists provides round-the-clock oversight, ensuring both mother and baby receive the very best care.

This is childbirth - elevated, exclusive, and deeply personal - only at Kisubi Hospital's VIP and Private Labour Suites.





My Journey as a Private Service Supervisor and the Launch of New Caritas Private and Executive Rooms

By: Judith Sharon Gabula (Private Service Supervisor)

When I started my role as a Private Service Supervisor at Kisubi Hospital, it was both an exciting and inspiring chapter in my career. This position comes with significant responsibility, offering an opportunity to lead, coordinate, and enhance patient care while ensuring that every detail of the hospital stay meets the highest standards. With the hospital adding more new private and executive rooms, patient comfort, dignity, and quality service have been enhanced. This development signifies a new era in healthcare delivery.

The hospital's newly launched Caritas private and executive rooms are designed to provide a healing environment that goes beyond clinical care. Each room is equipped with modern adjustable beds, flat-screen televisions, Wi-Fi, private bathrooms, kitchen carbine and comfortable seating areas for both patients and visiting family members. Executive rooms further offer spacious layouts, refined interiors, and premium services that cater to patients seeking additional comfort and exclusivity.

These facilities not only improve patient satisfaction but also align with the hospital's vision of providing high-quality and sustainable health services to the community. The rooms are a tangible reflection of our commitment to treating patients with dignity and respect while promoting a sense of calm and reassurance.

Stepping into my Role

As a supervisor, I ensure that patients in private and executive rooms experience care that is professional, compassionate, and personalized. This involves close collaboration with nurses, attendants, and support staff, maintaining smooth operations, and addressing patient concerns promptly.

"I help maintain high standards and create an atmosphere where patients feel safe and valued."

Each day presents opportunities to strengthen my leadership skills, improve communication, and enhance problem-solving capabilities - all essential to creating a seamless healthcare experience.

Supervising private services requires balancing operational efficiency with personalized attention. My role ensures that every aspect of patient care - cleanliness, timely service, and confidentiality - is upheld. By guiding and motivating the team, I help maintain high standards and create an atmosphere where patients feel safe and valued. Seeing patients recover comfortably, or families express satisfaction and relief, brings purpose and meaning to my work.

Looking Ahead

This journey represents both professional growth and the opportunity to contribute meaningfully to the hospital's vision. Moving forward, my goals include strengthening the private service department, fostering teamwork, and finding innovative ways to improve patient satisfaction. By combining my supervisory role with the hospital's upgraded facilities, we are redefining healthcare delivery and setting a new standard in patient-centered care.

Conclusion

The launch of the new Caritas private and executive rooms, alongside my role as a Private Service Supervisor, marks a milestone in both my career and Kisubi Hospital's evolution. Together, they reflect a shared commitment to excellence, compassion, and holistic patient care - ensuring that every patient's stay is safe, comfortable, and dignified. This journey is not just about professional achievement; it is about making a meaningful difference in the lives of those we serve.



CUSTOMER SERVICE WEEK: WHEN WE CELEBRATED OUR PATIENTS MORE

When some corporate entities gave out cakes, gift cards, and certificates to their clients during the Customer Care week to appreciate them for being good clients, Kisubi Hospital gave back to the community through the Heart Camp. Patients were able to enjoy a subsidized rate for the Heart Check. **Our Customer Service Week ran from 13th October to 17th October 2025**, and it was beautiful

The Cardiologists were engaged the whole week, carrying out investigations on patients who came from various parts of the country. Many had wanted such consultations before, but failed because of the cost implications. But when this opportunity came, they were able to grab it. Client feedback was indeed great because some were treated, and others ruled out what they thought was life-threatening.





For the children visiting the hospital it brought excitement, seeing the balloons and other decor all over the place they thought we had a party from within. You could see them having fun. However, on a serious note our staff were on top of their game, staff at the fore front smiled at everyone, we tried to limit the long waiting time which normally frustrates our patients. The patient flow was equally monitored to avoid patients losing track, generally we provided a great patient experience.

During this time, we learnt the need to appreciate our patients, a number of them trek long distances to reach us via the bad road, by foot with limited resources to support the Hospital which they have at heart.
We believe that next time it will be different.

WRITTEN BY:
RUTH NAMUTEBI
PATIENT CARE COORDINATOR / PR


OUR LADY OF CONSOLATA
KISUBI HOSPITAL
Service with love
MONDAY TO FRIDAY: 8:00 AM - 5:00 PM
MENTAL HEALTH CLINIC
It's okay not to be okay.
We are here for you.
wwww.kisubihospital.co.ug

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KISUBI HOSPITAL
Service with love

THE "WALK ALIVE" INITIATIVE AT KISUBI HOSPITAL

Promoting Mental Health Awareness for Staff and Patients through Simple but Powerful Actions

At Kisubi Hospital, a faith-based institution deeply committed to holistic health, a transformative initiative is taking root, **"Walk Alive Kisubi Hospital" under the Pastoral Care Department.** This mental health awareness movement was born out of a deep concern for the emotional well-being of both healthcare staff and patients, recognizing that mental health matters just as much as physical health, especially in a high-stress healthcare environment.

The **Walk Alive Movement** was initiated by **Sr. Maria Frances Mboyire** as a small self-help forum for hospital staff. Over time, it expanded into a hospital-wide campaign, extending its reach to patients and families as well. "Sometimes the challenges we encounter consume so much of our energy as we try to overcome them," Sr. Mboyire said. The initiative acknowledges the silent burdens many carry, be it anxiety, fear, grief, or depression, and offers safe spaces for healing and resilience.

The Team Composition

The initiative is implemented through the **Mental Health Committee,** a dedicated team comprising doctors, nurses, counselors, social workers, priests, religious sisters, and other hospital personnel. Together, they promote the values of **integrity, confidentiality, respect, responsibility, non-judgmental attitudes, and shared decision-making.**



Mental Health Risks in Healthcare Settings

The hospital environment is emotionally taxing. Health workers face numerous mental health risks, including Heavy workloads and long shifts, Constant exposure to illness, suffering, and death, Patient financial constraints, Personal stress and family responsibilities, Compassion fatigue, and burnout. These stressors often go unnoticed, and caregivers who are central to healing others may neglect their own emotional needs.

Key Roles and Activities of the Walk Alive Movement

The Walk Alive Committee has taken on diverse responsibilities to nurture wellness within the hospital community, including:

- Induction sessions for new staff
- Training in soft skills, communication, and emotional self-care
- Marriage formation workshops for staff and young couples
- Financial literacy training using available resources
- Counseling for staff and patients facing emotional or situational distress

Achievements of the Walk Alive Movement

The movement has already made significant strides through a variety of impactful activities:

- **Spiritual and Pastoral Support:** Ongoing chaplaincy services
- **Protection of Unborn Babies:** Counseling and support for teenage mothers in collaboration with Wamukisa Youth Centre
- **Charity and Financial Assistance:** Support for underprivileged patients and families
- **Staff Support:** Emotional and financial support through the hospital SACCO; recreation events for staff and their families
- **Creating a Healing Environment:** Enhancing ambient spaces for relaxation
- **Support Groups and Wellness Talks:** Special forums for chronic care, CMEs, family and marriage talks, retreats, and guided discussions
- **Mental Health Integration:** Induction sessions for new staff now include mental health awareness and self-care

Daily Practices as a strategy for a long-term vision

The Walk Alive Movement promotes continuous wellness through Daily Mass and reflection, Health talks and mental health awareness posters, Wellness workshops and psych education, Weekly peer-support groups led by trained volunteers, Anonymous mental health check-ins, and scheduled staff self-care breaks. These efforts help normalize conversations about issues often kept in silence: burnout, grief, financial stress, family conflict, and chronic illness fatigue.

It is these daily practices that Walk Alive aims to incorporate into everyone's lifestyle as a culture, hence fulfillment of Walk Alive's long-term vision.

A Culture of Compassion and Connection

Staff are encouraged to participate not only for their own wellness but to serve as role models for patients. "We are learning that connection heals," says the Mental Health Coordination Team. "It's not just medicine that brings recovery, it's kindness, listening, and presence."

The mental health team is advocating for routine mental health screening for all hospital admissions, saying, "It's not enough to say mental health matters; we must build systems that prove it. Let's not wait for burnout or breakdown to make changes. Let's build systems that prevent them."

Stand with Us. Walk with Us. Speak Up. Change is not a whisper. It is an action.



"Let's not wait for burnout or breakdown to make changes. Let's build systems that prevent them

By: Dr. Ssekabembe John, Vice Chairperson, Walk Alive.

How the Mental Health Unit in Kisubi Hospital has touched lives

Years ago, we used to receive patients with mental health disorders, and we could refer them directly to Butabika Referral Hospital since we did not have the capacity to manage them. However, as time went on, Management realized the need to employ a Psychiatric Clinical Officer and a Psychiatric Nurse who would manage such cases.

These two play a vital role in promoting mental health by providing care, ie, assessing patients, developing treatment plans, and providing psychosocial support. They also monitor patients' progress and keep records of their mental health.

These two also educate the community by conducting community outreach programs to raise awareness about mental health and provide equitable services. They also support individual counseling and psych education.
In addition to this, they collaborate with other health Professionals and other community organizations to provide care and support. They also advocate for mental health issues and liaise with other partners.

As I write now, the clinic has grown and we receive a good number of patients whom we manage daily, and by the time they are discharged, they are able to tell a good story about our facility. As staff, this clinic has brought us closer to patients with mental disorders. We realize that these are our friends, neighbors, and relatives who require much care from us, love, and need to be listened to; at times, they do not deserve the pain they subject themselves to. Some patients are being rejected by their families, not realizing that they can change. We have learnt how to assist these patients in understanding the nature of their emotional disturbances and make them accept the need for treatment.

A short while ago, while on a field trip to one of the Insurance companies in town, a Care Manager told us how this particular unit helped her mother, who had a mental health disorder. She was given good care, and she indeed recovered and improved the quality of her life. She said that because of this, she has been referring more patients to our facility, and the response is good.

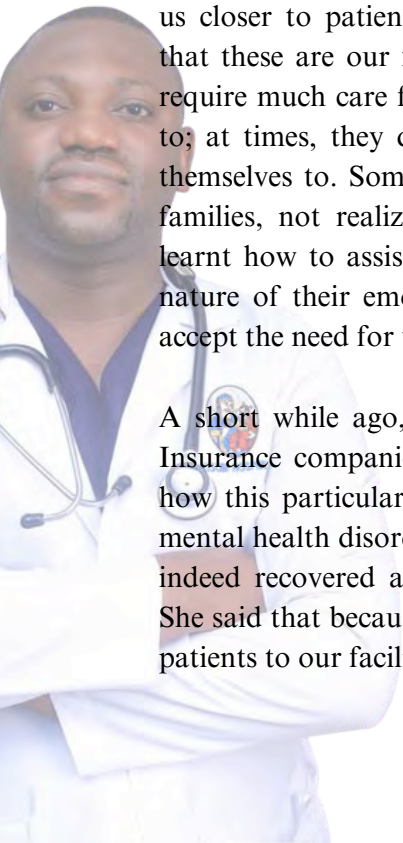


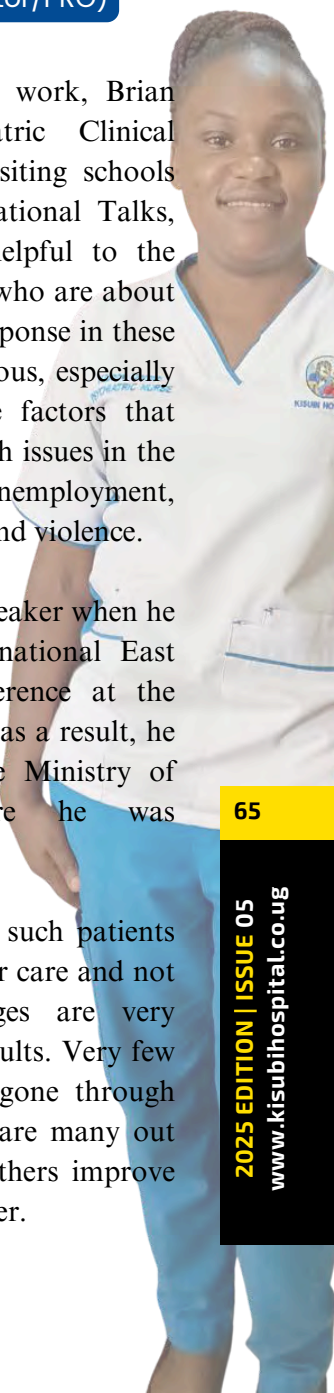
By: Ruth Namutebi
(Patient Care Coordinator/PRO)

In addition to the clinic work, Brian Lwingirya, the Psychiatric Clinical Officer, has also been visiting schools for Mental Health Educational Talks, which have been very helpful to the students, especially those who are about to go on vacation. The response in these schools has been tremendous, especially when he touches on the factors that contribute to mental health issues in the youth, like poverty, unemployment, substance abuse, stigma, and violence.

Last year, he was a key speaker when he participated in the International East Africa Psychology Conference at the University of Kisubi, and as a result, he was selected to meet the Ministry of Health officials, where he was recognized.

We encourage those with such patients out there to bring them for care and not isolate them; the charges are very minimal with very fast results. Very few people testify to having gone through this clinic, and yet there are many out there; such stories help others improve and have hope for the better.







Catholic Mental Health Ministry at Kisubi Hospital



By Sr. Maria Rose Nannyonjo (IHMR)

What is the Catholic Mental Health Ministry?

The Association of Catholic Mental Health Ministers (CMHM) is a Lay Association of the Christian Faithful whose members are called to be a healing presence in the lives of people with mental illness. The Ministry was founded by Deacon Ed Shoener from Pennsylvania in August 2016 following the passing away of his daughter, Katie, by suicide. So the Deacon later on started an 'Association for Catholic Mental Health Ministers' together with Most Rev. John P. Dolan, the Bishop of Phoenix in the USA.

Establishing a Catholic Mental Health Ministry at Kisubi

Responding to the call of Christ to attend to those who suffer from mental illness and provide hope and spiritual healing, we realize that no one is immune to mental illnesses; each one of us is vulnerable to mental challenges. No doubt, here in our community, there are some individuals with mental illnesses, including suicidal tendencies. Thus, we saw it important to have the Catholic Mental Health Ministry at Kisubi. Thus, we incorporate all the services of the Pastoral Care Team/Chaplaincy, the Psychiatry Department /Mental Health Desk, and the Walk Alive movement into the general medical healthcare to respond best to the needs of our community. Each department does its best to improve mental wellness in our vicinity.

In this writing, let me focus more on the pastoral care /chaplaincy contribution towards mental wellness. I hope you will read about Walk Alive and the Psychiatry Department contributions in the same publication.

How does Kisubi Hospital support Mental Health?

We have both prevention and cure strategies whereby all the hospital services are integrated into mental health for holistic living. The difference is that the Mental Health Ministry has three strategies: accompaniment, spiritual and social support, and faith-based support to provide spiritual hope and healing. Whereas mental health treatment has diagnosis, therapy, and medication, and is science-based to reduce the symptoms and distress. So with the mental health ministry, we see Christ in those who live with a mental illness, we act like the Good Samaritan (Luke 10:30-37), we do not look the other way or walk past those living with a mental illness, but instead we embrace them and restore hope into their lives.



As pilgrims of home in this jubilee year 2025, we hope that people with mental illness can still live positively, and they are equally important as any other human person. We help our staff and patients living with mental illnesses to find the pastoral support and services that they need because "whoever suffers from mental illness always bears God's image and likeness in himself (Genesis 1: 27). Thus as a hospital family inspired by Saint Pope John Paul II who wrote: "Christ took all human suffering on himself; even mental illness . . ." we believe that every human person need equal treatment no matter each one's state of mind, in order to protect that original image and likeness of God in this person.

Activities of CMHM at the hospital

The Chaplaincy/ Pastoral Care Department conducts numerous activities for the spiritual, physical, social, emotional, and psychological well-being of the hospital staff, patients, caregivers, and visitors to the hospital. These services nourish people's spiritual life and reflect the healing presence of Christ in their suffering. The services include the following:

- **Ward visits:** Visiting patients for spiritual, emotional, and psychological well-being.
- **Administration of Sacraments:** Several sacraments are administered whenever needed, these include: Baptism, Eucharist, Penance, and Anointing of the sick.
- **Holy Sacrifice of Mass:** Mass is celebrated daily except on Saturdays, and special recognition is given to the solemnities to enable the staff to participate fully in liturgical festivals. We also organize Departmental Masses to bring Christ closer to all.
- **Exposition of the Blessed Sacrament:** We have adoration every Thursday from 8:00 am to 4:30 pm. Our staff and patients visit Jesus whenever they get time.
- **Staff Recollections:** We organize recollections for the staff to nourish their spiritual lives.
- **Outreaches:** Sometimes we move out to the schools and community for sensitization, and we also offer some items to them.
- **CSE:** Continuous Spiritual Education is given on specific areas.
- **Pilgrimages:** Pilgrimages are made to different sites like Namugongo, Kigungu, Munyonyo, and Kibeho in Rwanda, among others.

Visitors from the Catholic Mental Health Ministry in Uganda

We were delighted to host a team of Catholic Mental Health Ministers on 17th July 2025, led by Deacon Ed Shoener. They selected our hospital as a pilot project for the Catholic Mental Health Ministry in the hospital setting.

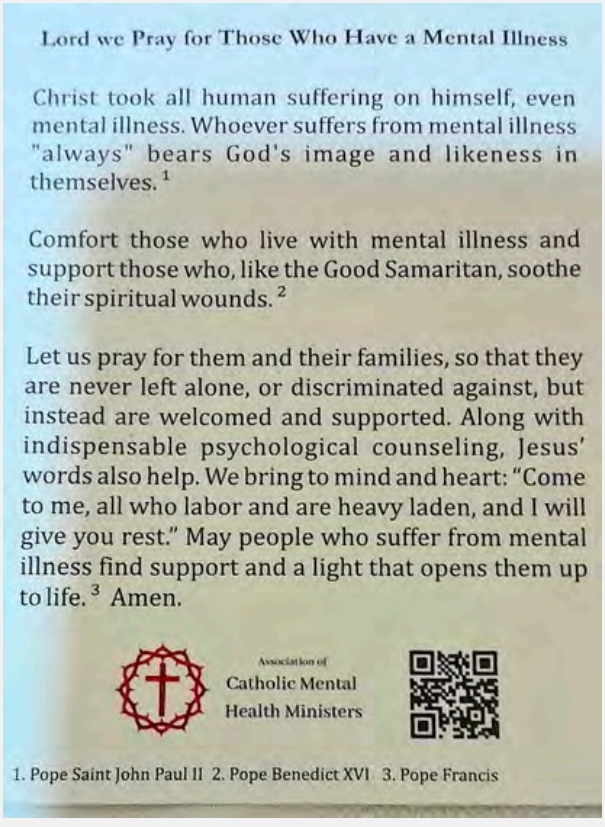


The visitors were impressed that our environment has symbols and activities that facilitate the healing presence of God. This visit encouraged us to continue with the ministry in order to help whoever steps into our facility to feel God's healing presence.

Conclusion

We thank God for this ministry at our facility. Our biggest dream is to have a special ward and palliative care unit for people with mental issues. We feel that once this sacred space is created, it will provide a safer environment for those individuals. May Saint Dymphna, the Patron of Mental Health and Shared Life, pray for us.

Together, let us pray for those suffering from mental illness in this prayer



#MentalHealthStrides


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EMERGENCY
2.62m



EMERGENCY UNIT: The Heartbeat of Care

Inside the Emergency Room of Our Lady of Consolata – Kisubi Hospital

By: Sr. Winnie Najjuma (The In-Charge, OPD)

Nestled in the heart of Entebbe municipality, just 17km from the international airport, Kisubi Hospital stands as a beacon of hope for the community. At the core of this large urban hospital is its Emergency Room (ER), a vital hub where lives are saved every day, and compassion meets cutting-edge care. With five beds, a dedicated team of doctors, nurses, and support staff, and state-of-the-art technology, the ER is a cornerstone of the hospital's mission of total commitment to the sick, imitating Jesus Christ, who was always available to the needy.

The ER at Kisubi Hospital is a general emergency department, welcoming everyone from children with fevers to adults facing life-threatening crises. As a level III trauma center, it sees an average of 15 patients daily. Each shift is staffed by one to two doctors and four nurses, supported by 25 nurses overall and invaluable support staff, affectionately known as "The blue cross" team for their tireless assistance. The close-knit group works seamlessly to ensure every patient receives prompt, expert care.

What sets Kisubi's ER apart is the combination of advanced facilities and immediate access to specialists. Patients benefit from modern medical beds, life support equipment, and imaging, including a CT scan located next door. The recent addition of an MRI has taken diagnostics to the next level. Specialists, including general surgeons, physicians, intensivists, neurosurgeons, and orthopedic surgeons, are just a call away when needed.

The days vary; some hours are calm, with stuff preparing for the unexpected. Others are filled with urgency as patients with severe injuries, heart attacks, or trauma arrive. The staff are always ready, having trained in emergency protocols, and regularly conducting drills for scenarios like mass casualties and infectious disease outbreaks.

The heart of the ER lies with its staff. The doctors, nurses, and Blue Cross team bring not only expertise but also a deep commitment to their patients. After successfully reviving a patient, the team's joy is palpable, a shared celebration of life reclaimed. Even in moments of loss, the ER becomes a space for reflection and learning, strengthening the team's resolve to improve.

One recent story remains etched in our hearts; an elderly man arrived in heart failure, collapsing as he entered the ER. His family stood helpless as his heart stopped, their hope fading. The team sprang into action, performing CPR, intubating him, and working seamlessly with life support equipment. The intensivist joined in, providing critical expertise. Moments later, the man's heartbeat returned, and he was stabilized and transferred to the ICU. The family's despair turned to gratitude and renewed hope. Moments like these highlight why we do what we do.

The ER at Kisubi is more than a department; it is a lifeline for Entebbe and the surrounding communities. Here, compassion and expertise unite to make the difference between life and loss, every single day.



During an intervention in the Emergency Room

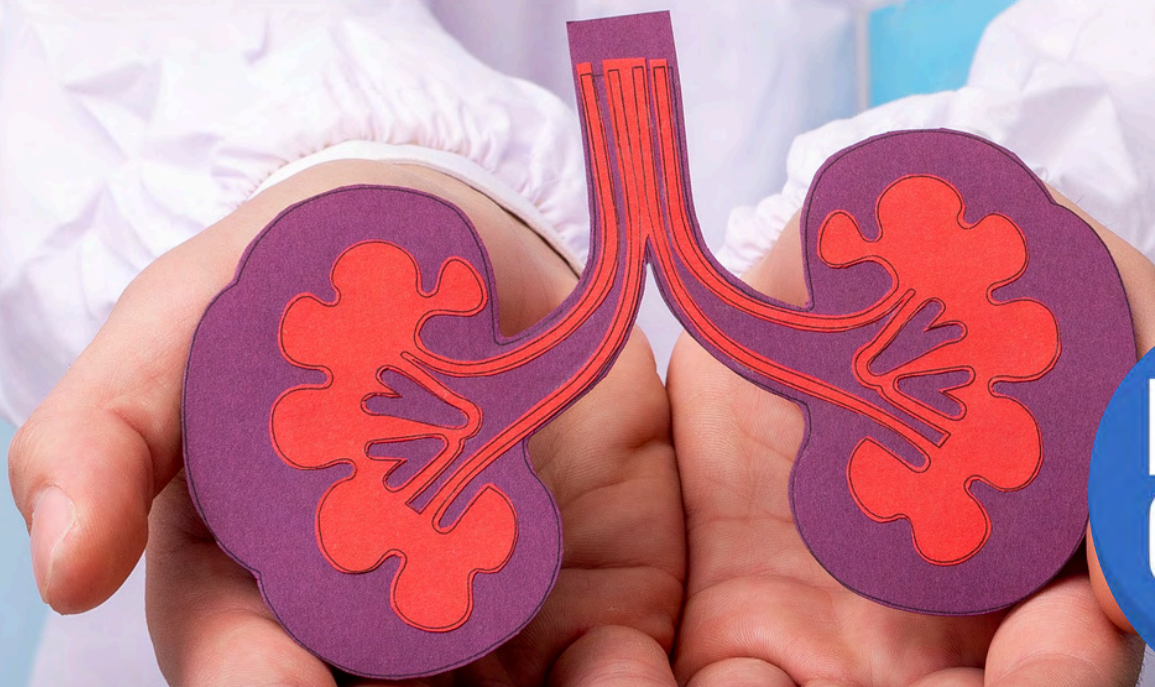


> **"The Emergency Room at Kisubi Hospital is more than just a department; it is a lifeline for Entebbe and the surrounding communities."**

Sr. Winnie Najjuma
(The In-Charge, Out Patient Department)

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KISUBI HOSPITAL
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NEW CLINIC



NOW OPEN

UROLOGY

EVERY TUESDAY 8:00AM - 1:00PM



BY EDWARD KISOZI
INCHARGE, SPECIALIST CLINICS

THE ROLE OF SPECIALIZED CLINICS



Special clinics represent a promising emerging trend for the treatment of specific varieties of conditions in the outpatient setting. They play a vital role in reducing the frequency and duration of hospital admissions by treating more comprehensively in the outpatient setting, including patients with complex disorders. This consequently has cost advantages as well as reducing the adverse side effects of hospital stays.

The special clinics take over part of the hospital workload through delivering high quality care from specialists by focusing on specific conditions and patients' needs, this can lead to better treatment options, reduced medical complications, and improved functional independence for patients. Some of these clinics include: - wound clinic, surgical clinic, eye clinic, Ear, nose and throat [ENT] clinic, dermatology clinic, psychiatric clinic, orthopedic clinic.

OUR CLINIC SCHEDULES

PAEDIATRIC CARDIOLOGY



MONDAY: 8:30 AM - 2:00 PM.
Let us check, treat, and monitor any heart-related conditions in children

ADULT CARDIOLOGY



TUESDAY & FRIDAY: 8:30 AM - 12:00 PM
Let us check, treat, and monitor any heart-related conditions in adults.

DENTAL CLINIC



MONDAY TO FRIDAY: 8:30AM - 4:00 PM
SATURDAY: 8:30 AM - 2:00 PM
For all teeth related concerns

FAMILY PLANNING



MONDAY TO FRIDAY: 8:00AM - 4:00 PM
For Natural Family Planning

SURGICAL CLINIC



MONDAY, WEDNESDAY & FRIDAY: 8AM-5PM
TUESDAY & THURSDAY: 2:00 PM - 5:00 PM
For minor surgeries & post-operative follow-up

WOUND CLINIC



MONDAY TO SUNDAY: 8:00 AM - 4:00 PM
For all chronic wounds and wound-related care.

WELLNESS CLINIC



For Men; **TUESDAY: 8:00 AM - 4:00 PM**
For Women; **FRIDAY: 8:00 AM - 4:00 PM**
For Pressure & Diabetes; **EVERYDAY: 8:30AM - 4:00PM**

PAEDIATRIC CLINIC



MONDAY TO SUNDAY: 8:30AM - 4:00 PM
For children-related health issues

DERMATOLOGY (SKIN)



TUESDAY: 2:00 PM - 5:00 PM
FRIDAY: 8:00 AM - 2:00 PM
For skin-related conditions or consultation

ORTHOPAEDIC SURGEON



MONDAY: 8:00 AM - 1:00 PM
TUESDAY: 3:00 PM - 5:00 PM
WEDNESDAY: 2:00 PM - 5:00 PM
FRIDAY: 3:00 PM - 5:00 PM
For bone-related conditions & inquiries

PHYSIOTHERAPY CLINIC



MONDAY TO SUNDAY: 8:00 AM - 4:00 PM
For pain management, injury rehabilitation, and post-surgical recovery affecting bone, joints, and soft tissue.

MENTAL HEALTH



MONDAY TO FRIDAY: 8:00 AM - 5:00 PM
For all mental health concerns, including anxiety, depression, bipolar disorder, and PTSD. and more

HIV & ART CLINIC



MONDAY TO FRIDAY: 9:00AM - 4:00 PM
For all HIV/AIDS-related concerns

GYNAECOLOGY & OBSTETRICS



MONDAY TO SATURDAY: 8:00 AM - 4:00 PM
For women's reproductive health, pregnancy, and childbirth

EAR, NOSE & THROAT (ENT)



WEDNESDAY: 3:00 PM - 5:00 PM
THURSDAY: 9:00 AM - 4:00 PM
FRIDAY: 9:00 AM - 4:00 PM

EYE CLINIC



MONDAY TO FRIDAY: 8:00 AM - 4:00 PM
SATURDAY: 8:00 AM - 1:00 PM
For Eye-related conditions or consultation

CANCER SCREENING



MONDAY TO FRIDAY: 8:00 AM - 4:00 PM
For PAP Smear & Breast Cancer

ANTENATAL & IMMUNIZATION



MONDAY TO SATURDAY: 8:00 AM - 4:00 PM
For mother and baby care before and after birth, as well as immunization for children and adults.

FEMALE FERTILITY



MONDAY TO FRIDAY: 8:00 AM - 4:00 PM
For female fertility issues and consultation

UROLOGY & MALE FERTILITY CLINIC



TUESDAY: 8:30 AM - 1:00 PM
For issues of the urinary tract in both men & women, and the male reproductive system



Patients waiting in the specialist Lounge to access our specialists


OUR LADY OF CONSOLATA
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DRUG DELIVERY
NOW AVAILABLE
Kisubi Hospital Online



Phillip Mukiibi, Pharmacist

SUPPLY SHOCK: HOW UGANDA'S PRIVATE HOSPITALS ARE MOBILIZING FOR SELF-RELIANCE

Uganda's healthcare sector is currently navigating a seismic shift, triggered by significant cuts in foreign aid, particularly from the United States Agency for International Development (USAID).

While headlines often focus on public facilities, private and private non-profit hospitals–many of which were deeply integrated into donor-funded supply chains for essential commodities like ARVs and laboratory kits–are facing an existential challenge.

The sudden reduction in donor support, which previously funded everything from last-mile distribution to staff salaries and crucial health systems activities, has exposed the fragility of reliance on external financing. For private hospitals, this is not just a budget issue; it is a supply chain shock.



For years, USAID and initiatives like the Strengthening Supply Chain Systems (SSCS) Activity provided technical assistance and ensured the availability of quality-assured medicines in both public and private non-profit facilities. The aid withdrawal has created a funding shortfall of approximately UGX 604 billion in the health sector, immediately impacting a network of over 20,000 supported healthcare providers.

The private sector is feeling the pinch in three critical areas:

- Distribution Disruption: Even where commodities are available nationally, the withdrawal of US-funded implementing partners has disrupted the last-mile distribution from district hubs to lower-level private facilities, threatening condom stock outs within months.
- Service Cessation: Some community-led, NGO-run, and private facilities that relied heavily on this funding for HIV prevention and care have been forced to stop services or operate at reduced capacity.
- Increased Demand: Private clinics are seeing an influx of new patients who can no longer access free services from shuttered donor-funded providers, straining their already stretched capacity.

In short, the reliance on external financing for key health supplies has proven to be the private sector's most significant vulnerability.

The crisis has spurred a critical shift in mindset: moving from an aid-driven model to a country-led and financed system. Uganda's private hospitals are now rapidly innovating to build resilient supply chains using core strategic principles.

1. Digital Integration and Data-Driven Procurement

The foundation of resilience lies in data. Private hospitals are leveraging the digital advancements initially supported by donor projects like SSCS, which helped establish electronic logistics management systems (eLMIS).

- Real-Time Stock Management: Utilizing data systems to improve logistics data and order timeliness allows private facilities to make better-informed decisions and reduce the risk of stockouts and expiries.
- Traceability and Accountability: Digitalization enhances accountability throughout the supply chain, ensuring that medicines reach patients on time.

2. Domestic Resource Mobilization and Innovative Financing

To fill the UGX 604 billion funding gap, the focus is turning inward.

- Insurance Expansion: Encouraging and expanding community health insurance coverage is vital to reduce patients' catastrophic out-of-pocket expenditures and create a predictable revenue stream for hospitals to finance their own procurement.
- Pooled Procurement: By collaborating with other private facilities or leveraging existing networks (like the Uganda Healthcare Federation), hospitals can achieve economies of scale in purchasing, **reducing the cost of essential medicines.**

3. Strategic Public-Private Partnerships (PPPs) for System Strengthening

Instead of dependence, the goal is strategic collaboration with the government.

- Aligning Policies: The private sector is increasingly seeking to strengthen partnerships, build its own capacity, and ensure activities are reported into the mainstream Health Management Information System (HMIS) for evidence-based planning.
- Resource Handover: The shift involves ensuring resource handover and operational linkages so services continue operating effectively within local structures after donor exit.

The withdrawal of USAID funding is a painful transition, but it is forcing Uganda to move faster toward health sovereignty. For private hospitals, the mandate is clear: self-reliance requires strengthening core competencies in supply chain governance, financing, and digital systems.

While the government must mobilize domestic resources and meet the Abuja Declaration target of 15% health funding, the private sector must pivot from being a dependent implementer to an agile, financially sustainable partner in healthcare delivery. The resilience of Uganda's health system rests on this critical transition.

Pharmacy Corner

Drug Interactions– The Most Underrated Drug-Related Concern in Modern Healthcare

By: Gideon Mununuzi (Pharmacist)



Gideon Mununuzi (Pharmacist)

In the complex world of pharmacotherapy, healthcare professionals often focus on issues like accurate diagnosis, adverse drug reactions, and non-adherence. However, one critical yet frequently overlooked problem is drug interactions, a silent threat that can undermine treatment efficacy, increase toxicity, cause permanent physical impairments, and even lead to hospitalization or death. Despite their significant impact, clinically significant drug interactions remain underrated in clinical practice, often detected too late or even missed entirely.

Why are Drug Interactions Underrated?

Unlike immediate adverse reactions or allergic reactions, the majority of the drug interaction effects manifest gradually, making them harder to attribute to specific medications. For example, a warfarin-antibiotic interaction may only become evident days later when the patient presents with bleeding complications. A few of them are instant, and by the time the damage appears, no one connects the dots.

Risk Factors

With rising cases of chronic diseases, patients often take multiple medications, increasing the risk of interactions. Yet, prescribers may not always cross-check every possible combination due to time constraints or reliance on memory.

Patients often receive care from multiple providers who don't communicate effectively. This lack of communication between prescribers, pharmacists, and patients predisposes patients to drug interactions. In addition, in rushed visits, clinicians prioritize urgent issues over reviewing med lists, hence burying interactions.

Furthermore, many patients assume that OTC drugs and herbal products are "safe," unaware that they can interact dangerously with prescription medications, leading to reduced efficacy and more dangerous effects.

Furthermore, patients rarely report all supplements or self-medications to their doctors/pharmacists, leading to undocumented interactions. A simple antacid can alter the absorption of critical drugs like fluoroquinolones or thyroid medications.

Prescribers may forget rare interactions or may lack awareness of less common interactions, which puts patients at risk of these interactions in question.



Pharmacy Radar - Drug Interactions

How to Mitigate the Risk

Interprofessional Collaboration should be prioritized. Doctors, pharmacists, and nurses should communicate openly about a patient's regimen.

Pharmacists' involvement in patients' medical care is important. Medication reviews and reconciliation can catch interactions before harm occurs, and patients on more than 5 medications, patients on high alert medications like warfarin, opioids, insulin, patients with multiple organ failure, etc, should be prioritized for mandatory pharmacists' reviews.

Health providers should continually be educated on clinically significant drug interactions, with a focus on the rare interactions. Patient education should also be enhanced, encouraging them to avoid self-prescription.

> *"Many patients assume that OTC drugs and herbal products are 'safe,' unaware that they can interact dangerously with prescription medications."*

Patients should be encouraged to disclose all medications, including herbs and supplements, to their clinicians and pharmacists.

Use of Digital Tools, like interaction-checking software, during prescribing and dispensing should be considered.

Conclusion

Drug interactions are a preventable yet underrated drug-related problem that demands greater attention; they are like invisible landmines—easy to miss until they explode. The solution isn't just more caution… It's curiosity. "What else are you taking?" might be the most important question in medicine. By integrating better screening practices, technology, and patient counseling, healthcare teams can reduce risks and improve therapeutic outcomes.

Let's stop treating interactions as an afterthought; they should be a forethought in every prescription.

THE RISKS OF SELF-MEDICATION

By: Marion Angella Nabirye (Nurse)

Do you sometimes grab medicine from the nearest shop without seeing a doctor?
You are not alone; many people self-medicate for quick relief, but did you know this habit can be risky for your health?

What is Self-Medication?
Self-medication means taking medicines on your own, without the doctor's advice.
It might seem convenient, but it comes with hidden dangers.



Real-life possibilities
You could take painkillers for stomach pain without consulting a doctor, and instead, an ulcer will become worse.
You could also use antibiotics for a cold, and it can result in resistance because antibiotics don't work on viruses like colds.

How to Stay Safe

- **See a Healthcare Provider:** Get proper diagnosis and treatment.
- **Ask Questions:** Understand what medicines you are taking.
- **Don't share Medicines:** Prescriptions are for you alone.
- **Be Aware:** Know the risks of self-medication.

Conclusion
Self-medication might seem like a shortcut, but it can lead to bigger health problems. In Uganda, let's choose information and safe healthcare paths for ourselves and our communities.

The Risks

1. **Wrong Treatment:** You might treat the wrong illness.
2. **Bad Side Effects:** Medicines can cause harm if not taken properly.
3. **Antibiotic Resistance:** Overusing antibiotics makes them less effective against infections—a significant threat in Uganda, where diseases like malaria are prevalent.
4. **Hiding Serious Problems:** Delaying proper care can worsen health issues.

Antibiotic Resistance: A Growing Concern
Imagine having an infection and the usual medicines don't work anymore. That's what happens with antibiotic resistance. In Uganda, where infections are prevalent, this is a serious worry.
Medicines like nitrofurantoin (used for urinary infections) need to be used wisely.









WITH LOVE FROM CENTENARY GROUP

We were privileged to be visited by the Board of Governors of Centenary Group, who made a courtesy call on 23rd July 2025. They had a tour of the hospital, which was guided by Management. They were excited to see changes in the hospital, especially for those who had seen the hospital many years ago while at SMACK or as visitors to the facility. They liked the new building blocks that they found, which had replaced the old ones they knew before. According to them, what they saw was not expected; the new infrastructure was amazing.

As a follow up on the Board members meeting resolutions, Moses Mande Oroto, the Chief Manager Public Sector Corporate together with the Kawuku Branch Manager, Joseph Mubiru Nsubuga visited the Management team and donated some gifts and dustbins.

The Centenary Group Team visited the hospital to check out the MRI machine a few days after its arrival. Being one of our strategic partners, they were welcome to witness its installation. Also, during this visit, they donated some bins.

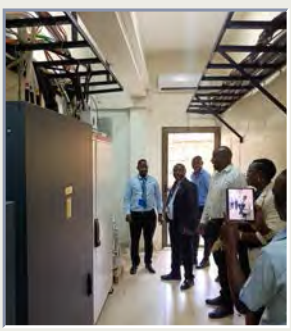














ENJOY THE PICTORIAL OF MOMENTS





During the Fire safety training



During the Basic Life Support training







During the Collaborative meeting

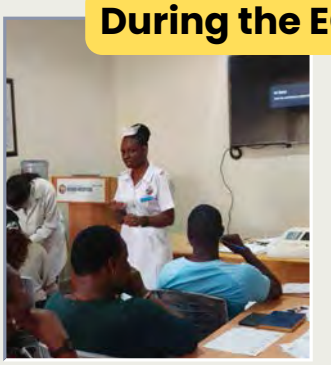








During the ECG Training









RECOLLECTION DAY WITH FR. KIIBI

OUR LADY OF CONSOLATA

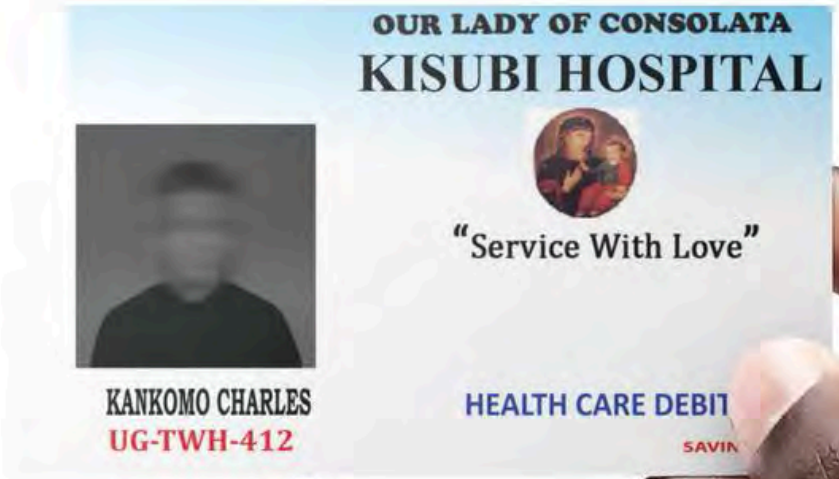
KISUBI HOSPITAL

Service with love

INTRODUCING

KISUBI HEALTH

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5% OFF Bills

Call; 0702-040213 to apply

Terms & Conditions apply

Kisubi Hospital - Health Savings Account (HSA)

The Kisubi Hospital Health Savings Account (HSA) is a personal savings account designed to help you lower your out-of-pocket health care costs. You make contributions to your account and use its balance for qualified medical expenses (for you and your dependents) whenever needed, especially during cash crises.

When sickness strikes

Imagine having peace of mind knowing that you and your loved ones are protected against unexpected medical expenses. Kisubi Hospital's Health Savings Scheme is designed to provide financial security and convenience, ensuring access to quality healthcare when you need it most.





Health emergencies don't wait - but with the HSA, you'll always be ready. A Health Savings Account with Kisubi Hospital is not just money saved; it's worry removed and life protected. Having this account gives you exactly that.



Benefits of having the Health Savings Account at Kisubi Hospital

Financial Security: Build a safety net against unexpected medical expenses by regularly depositing funds into your Health Savings Account.

Enjoy at least 5% Discount: Get at least 5% discount off your total bill, reducing your medical expenses.

Express Service: Bypass long queues with priority service at our HSA dedicated counters.

Family Coverage: One card serves entire families or group members as beneficiaries.

Uninterrupted Treatment: Ensure continuous care during emergencies, even when funds are low.



Registration Requirements

- Passport photo of the Account Holder (This can be taken at the Hospital free of charge)
- Copy of Identification of the Account Holder
- Contact details of the account holder
- UGX 10,000 for card issuance and activation
- An initial deposit on the card
- Details of the beneficiaries (if any)
- Filled OUT and signed the HSA Application form
- Police letter (for Lost cards)

Registration Process

- Fill in and sign the HSA application form available at the Hospital.
- Submit the form with UGX 10,000 to be issued a personalized Health Saving Account Card and card number.
- Deposit funds onto your card
- Add your beneficiaries (family members, friends, colleagues, etc) to your account.
- Begin accessing medical services with your card, enjoying discounts and priority service.

Kisubi Hospital
INSURANCE PARTNERS

INSURANCE IS ACCEPTED

AAR Healthcare
As human as you

GA Insurance Uganda

Secure Tomorrow
Minet

IAA HEALTHCARE
SOUTH SUDAN

ICEA LION
GENERAL INSURANCE

Cigna

APA INSURANCE
Insuring Happiness

SCC

CIC INSURANCE

Jubilee INSURANCE

OLDMUTUAL

LIBERTY

Sanlam

PRUDENTIAL

CASE MEDCARE
FLUENT IN HEALTH CARE

..and many more...



Kisubi Hospital
PAYMENT OPTIONS

HOW TO PAY FOR HOSPITAL SERVICES

DIRECT BANK TRANSFER IS ALSO ACCEPTED



MOBILE MONEY (NO CHARGES)

You can now make mobile money payments for hospital services by using the Hospital Mobile Money Merchant codes displayed at all cash points. No need for sending or withdrawing charges.

VISA PAYMENTS

You can also pay for hospital services using any visa card. Visa payments are a global solution and Kisubi Hospital now welcomes Visa card payments from any part of the world.





DIRECT BANK TRANSFER

You can also pay for hospital services by directly depositing money to the bank or making a wire transfer on the details below:

ACCOUNT NAME: KISUBI HOSPITAL
ACCOUNT NUMBER: 3100061172
BANK NAME: CENTENARY BANK
MOTHER BRANCH: KAWUKU BRANCH
SWIFT CODE: CERBUGKA
COUNTRY: UGANDA

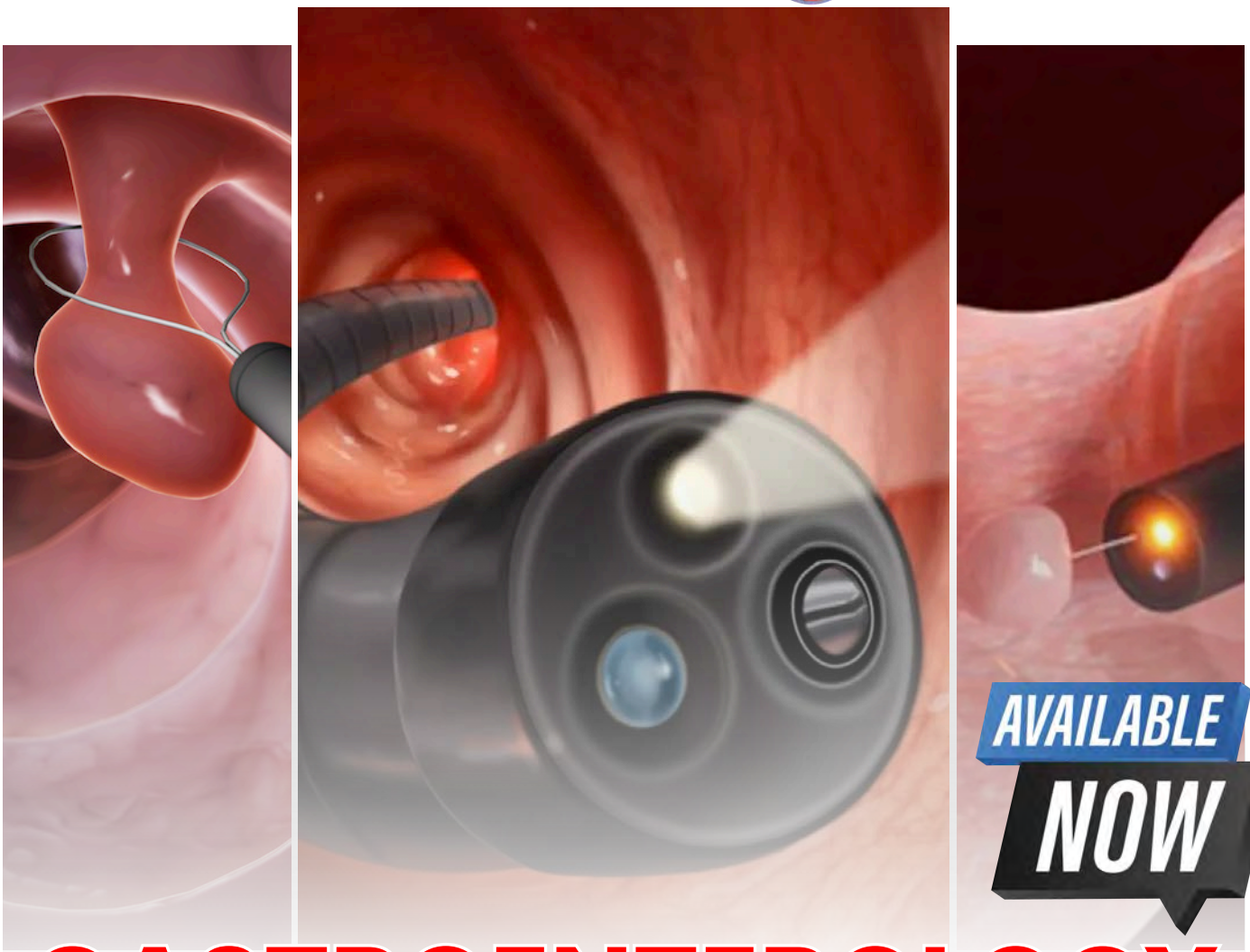
KISUBI HOSPITAL HEALTH CARE DEBIT CARD

No physical cash? No problem. You can access hospital services using the Kisubi Hospital Health Care Debit Card. Your ultimate pre-payment health saving account.



..and many more options...

OUR LADY OF CONSOLATA
KISUBI HOSPITAL
Service with love



AVAILABLE NOW

GASTROENTEROLOGY

COLONOSCOPY AND ENDOSCOPY

ADVANCED DIGESTIVE CARE, NOW CLOSER THAN EVER

We are committed to offering world-class diagnostic services right here at home. Our modern facility is equipped to provide both colonoscopy and endoscopy procedures, enabling early detection and treatment of digestive health conditions with precision and care. With highly skilled specialists and state-of-the-art technology, we ensure safe, thorough, and compassionate care for every patient. Your health deserves nothing less.

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